

# Baby Boomers And Beyond

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Pat Newell (1-23-2016)

**Music:** Old Time Rock and Roll by Bob Seger

## Senior Dancing Series

**Alt. music: Burning Love by Winona Judd**

**Learning: Triples, pivots, twist, rock, rec w/brush**

### TRIPLE FORWARD, TRIPLE FORWARD $\frac{1}{2}$ PIVOT L, $\frac{1}{4}$ PIVOT L

**1&2 3&4** Triple forward R, L, R. L,R,L

**5-8** Step forward on R, pivot  $\frac{1}{2}$  L, step forward on R, pivot  $\frac{1}{4}$  L 3:00

### TWIST, HOLD, TWIST, HOLD, TWIST, TWIST, TWIST, TWIST

**1-4** Twist heels, R, hold, L hold

**5-8** Twist heels, R, L, R, L 3:00

### TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROCK RECOVER

**1&2 3,4** Triple RLR, rock back on L recover on R

**5&6 7,8** Triple LRL, rock back on R, recover on L 3:00

### ROCK REC, STEP BRUSH, ROCK REC STEP BRUSH

**1-4** Rock R diagonally forward  $\frac{1}{8}$  wall R, rock back on L, fwd on R, brush L

**5-8** Rock L diagonally forward  $\frac{1}{8}$  wall L, rock back on R, fwd on L, brush R 3:00

## Begin Again

**NO TAGS NO RESTARTS**

**DANCE FOR THE HEALTH OF IT**