

# Mama Jama Boogie

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**Count:** 32

**Wall:** 2

**Level:** Beginner / Improver

**Choreographer:** Linda McCormack (March 2014)

**Music:** She's a Bad Mama Jama – Carl Carlton (iTunes)

## Count in: 48 count intro

### [1-8] Syncopated grapevine, rock back, recover, rock and cross

1,2&3,4R side (1); L behind (2); R side, cross L over R (&3); R side (4);

5,6,7&8L back rock (5); recover weight onto R (6); L rock and cross (7&8);

### [9-16] Side, together, side chasse, ¼ step, pivot ½, twist ½ x2

1,2,3&4R side (1); close LF with R (2); R chasse to R side (3&4);

5,6,7,8 Turning ¼ to the R step forward on the L foot (5); pivot ½ turn over R shldr to face 9 o'clock (weight is even) (6); twist ½ turn over L shldr back to 3 o'clock (feet stay in place) (7); twist ½ turn over R shldr back to 9 o'clock (feet stay in place) (8);

### [17-24] L ½ rumba box forward, R jazz box cross

1,2,3,4L side (1); RF closes next to L (2); L step forward (3,4);

5,6,7,8 Cross RF over L (5); step LF back (6); step RF to side (7); cross LF over R (8);

### [25-32] R ½ rumba box forward, step, ½ pivot, step ¼, touch.

1,2,3,4R side (1); LF closes next to R (2); R step forward (3,4);

5,6,7,8 Step forward on LF (5); ½ turn pivot over R shldr to face 3 o'clock (6); ½ turn stepping LF to L side to face 6 o'clock (7) touch RF behind L (8);

## Start the dance again!