

LOSIN' IT

LINEDANCE.COM

Count: 32

Wall: 2

Level: intermediate

Choreographer: Scott Lanius

Music: Guys Do It All The Time by Mindy McCready

STEP, TOUCH-CLAP, TURN, TRIPLE-STEP, CROSS-UNWIND

1 Step left foot to left

2 Tap right toe next to left foot and clap

3(Weight on left) pivot ½ turn to left and step down on right foot (to right)

4 Tap left toe next to right foot and clap

5 Step left foot to left (begin triple step to left)

& Slide right foot to left & put weight on right foot

6 Step left foot to left

7 Cross right foot over left

8 Unwind ½ turn to left (end with weight on left foot)

DOUBLE KICKS AND COASTER STEP (RIGHT AND LEFT)

1 Kick right foot forward

2 Kick right foot forward

3 Step back on right foot (begin coaster step)

& Step left foot next to right foot

4 Step forward on right foot

5 Kick left foot forward

6 Kick left foot forward

7 Step back on left foot (begin coaster step)

& Step right foot next to left foot

8 Step forward on left foot

PIVOT TURN, POLKA FORWARD, HIP BUMPS

1 Step forward on right foot

2 Pivot on right foot ½ turn to left (keep weight on right foot)

- 3 Step forward on left foot (begin polka step)
- & Step right foot next to left foot
- 4 Step forward on left foot
- 5 Step forward on right foot (bump right hip forward)
- & Bump right hip back
- 6 Bump right hip forward
- 7 Step forward on left foot (bump left hip forward)
- & Bump left hip back
- 8 Bump left hip forward

REVERSE FIRST 8 COUNTS

- 1 Step right foot to right
- 2 Tap left toe next to right foot and clap

3(Weight on right) pivot ½ turn to right and step down on left foot (to left)

- 4 Tap right toe next to left foot and clap
- 5 Step right foot to right (begin triple step to right)
- & Slide left foot to right & put weight on left foot
- 6 Step right foot to right
- 7 Cross left foot over right
- 8 Unwind ½ turn to right (end with weight on right foot)

REPEAT