

A LONG JOURNEY

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Count: — **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: May Wah Ong (June 08)

Music: A Long Journey by Jay Chou (CD - for Olympics 2008)

Intro: 16 counts

Optional Intro:

1 - 4 Step RF to right, LF touch next RF, Step LF to left, touch RF next to LF

Raise arms above head, wave from left to right(1 -2), then back to left (3-4)

Repeat above 3 more times

Start on vocals

S1: RIGHT FULL TURN BACK, POINT, STEP, SIDE ROCK CROSS (2X),POINT, BACK LOCK STEP

1& Turn ½ turn right stepping forward on RF, ½ turn right by stepping back on LF,

2& step back on RF, LF point & tap forward

3&4& Step down LF, RF rock to right, recover on LF, RF cross over LF

5&6& LF rock to left, recover on RF, LF cross over RF, point RF to right

7&8 Step back on RF, Lock LF in front of RF, Step back on RF [12]

S2: STEP, SWEEP, STEP, SWEEP, ROCK FWD, RECOVER, ½ TURN LEFT, STEP FWD, ROCK FWD , RECOVER, STEP BACK, SWEEP, BEHIND, SIDE, CROSS, SWEEP

1&2& Step forward on LF, sweep RF fwd, step forward on RF, sweep LF fwd

3&4& LF rock forward, recover, ½ turn left stepping LF forward, step forward on RF [6]

5&6& LF rock forward, recover on RF , step back on LF, sweep RF back **2nd Restart here

7&8& RF step behind LF, step LF to side, RF cross, sweep LF fwd

S3: CROSS, SIDE, BEHIND, SWEEP, ROCKING CHAIR, BACK LOCK STEP, TOUCH, SIDE, TOGETHER, ¼ TURN LEFT

1&2& LF cross in front of RF, RF step to side , LF step behind RF, sweep RF back

3&4& rock back on RF, recover on LF, rock RF forward, recover on LF *1st Restart here

5&6& Step back on RF, lock LF in front of RF, step back on RF, tap LF in front of RF

7&8 Step LF to side, close RF next to LF, LF forward turning $\frac{1}{4}$ left, (sweep RF fwd) [3]

S4: CROSS ROCK, SIDE ROCK, MODIFIED SAILOR WITH A TOUCH, HOOK, LOCK STEP RIGHT DIAGONAL, LOCK STEP LEFT DIAGONAL, TOUCH

1&2& RF cross rock over LF, recover on LF, RF rock to side, recover on LF,

3&4& RF step behind LF, LF step to left making $\frac{1}{4}$ turn right , RF touch forward, hook RF (fig 4) in front of L [6]

5&6 RF step diagonally forward, LF lock behind RF, RF step diagonally forward

&7&8 LF step diagonally forward, RF lock behind LF , LF step diagonally forward, touch RF next to LF

TWO Restarts:

1. * During 2nd wall, after count 20& (after count 4& in Section 3)

2. **During 4th wall, after count 14 (after count 6 in section 2)

TWO Tags

1. After 5th wall, do tag 2X (4 counts)

2. After 6th wall do tag 1X (2 counts)

(1 - 2) Sway right, sway left

(Optional arm movement - Raise arms above head and wave from left to right, then back to left)

Sequence: 32, 20, 32, 14, 32, Tag 2x, 32, Tag, 32, (another 12 counts to end)

Note: It's not as difficult as it looks