

Ain't Nothin' Better

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: ilona tessmer-willis (USA) Aug 2016

Music: "Ain't Nothin' Better" - The Stickers (Google Play • iTunes • AmazonMP3) 3:40 - BPM: 148

Intro: 32 counts

S1: R FORWARD STEP TOGETHER STEP HOLD, 2 L KICK TOUCH

1-2R Step Forward, L Step next to R

3-4R Step Forward, Hold

5-6L Kick Forward, L Touch next to R

7-8L Kick Forward, L Touch next to R

S2: L FORWARD STEP TOGETHER STEP HOLD, 1/2 L TURN: R PIVOT, R & L FORWARD STEP

1-2L Step Forward, R Step next to L

3-4L Step Forward, Hold

5-6R Step Forward, Pivot L 1/2 (with balls of feet)

7-8 Step Forward R & L

S3: R ROCK FORWARD HOLD, L ROCK BACK HOLD

1-2R Rock Forward, Recover L

3-4R Step next to L, Hold

5-6L Rock Back, Recover R

7-8L Step next to R, Hold

S4: 1/4 R TURN: 4 HEEL BOUNCES, HIP BUMP OR SWAYS (OPTION BELOW)

&1&2&3&4R 1/16 turn with weight on Balls of Feet lift (&) and drop heels (1) 4x

5-8R L R L Hip Bump or Sway (weight on left to start S1 again)

***OPTION To Heel Bounce: S4 count 1-4**

***1/4 R Turn: 1-2 Step R Forward, 3-4 L next to R**

Have fun with this great new song by The Stickers, which is currently at #57 & climbing.

Contact: hel.38@att.net