

Ain't No Saint

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Jessica Boström (SE) June 2016

Music: "Ain't No Saint" by Peg Parnevik

(Start after 32 counts, 14 secs in)

S1. Side. Behind. ¼ Turn R. Back. Back. Back with a Hitch. Back with a Hitch x 2. Back. Body Roll & Sit.

- 1-2&** Step R to Right side. Cross Step L behind R. Turn ¼ Right Step R Forward. (3.00)
- 3&4** Step Back on L. Step Back on R. Step Back on L as you Hitch R.
- 5-6** Step Back on R as you Hitch L. Step Back on L as you Hitch R.
- 7&8** Step Back on R. Body Roll & Sit (weight on R).

S2. Walk x2. Cross Samba x2. Cross. 1/4 Turn L. 3/8 Turn L.

- 1-2** Walk Forward L. Walk Forward R.
- 3&4** Cross L Over R. Step R slightly to Right Side. Recover weight onto L.
- 5&6** Cross R Over L. Step L slightly to Left side. Recover weight onto R.
- 7&8** Cross L Over R. Turn ¼ Left Step Back on R. Turn 3/8 Left Stepping Forward on L. (7.30)

S3. Forward. Touch. Back. Touch. Back. Touch. Forward. Rocking Chair. Kick Ball Step.

- 1&2&** Step R Forward. Touch L Beside R. Step Back on L. Touch R Beside L.
- 3&4** Step Back on R. Touch L Beside R. Step Forward L.
- 5&6&** Rock Forward on R. Recover onto L. Rock Back on R. Recover onto L.
- 7&8** Kick R Forward. Step R in place. Step L Forward. (7.30)

S4. Forward. Touch. Back. Touch. Back. Touch. Forward. Cross. Back. Side Cross. Back. Side. Cross.

- 1&2&** Step R Forward. Touch L Beside R. Step Back on L. Touch R Beside L.
- 3&4** Step Back on R. Touch L Beside R. Step Forward L. (squaring up towards 6.00)
- 5&6&** Cross R over L. Step Back on L. Step R to Right Side. Cross L over R.
- 7&8** Step Back on R. Step L to Left Side. Cross R over L. (6.00) *X1 (see below)

S5. Side with a heel drag. Behind. Side. Cross. Side. Behind & Sweep. Behind. Side.

Cross. $\frac{1}{4}$ L. $\frac{1}{4}$ L. Cross

- 1** Step L to Left side as you drag R heel towards L.
- 2&3&4** Step R Behind L. Step L to Left Side. Cross R over L. Step L to Left Side. Step R Behind L as you Sweep L from Front to Back.
- 5-6** Step L Behind R. Step R to Right Side.
- 7&8&** Cross L over R. Turn $\frac{1}{4}$ Left Step Back on R. Turn $\frac{1}{4}$ Left Step L to Left Side. Cross R over L. (12.00)

S6. Side with a heel drag. Behind. Side. Cross. Side. Behind & Sweep. Behind. Side.

Cross. $\frac{1}{4}$ L. $\frac{1}{4}$ L.

- 1** Step L to Left side as you drag R heel towards L.
- 2&3&4** Step R Behind L. Step L to Left Side. Cross R over L. Step L to Left Side. Step R Behind L as you Sweep L from Front to Back.
- 5-6** Step L Behind R. Step R to Right Side.
- 7&8** Cross L over R. Turn $\frac{1}{4}$ Left Step Back on R. Turn $\frac{1}{4}$ Left Step L to Left Side. (6.00)

S7. Cross. Back. Side. Cross. Kick. Hitch. Cross. Back. Side. Cross. Kick. Hitch. Cross. Hold.

- 1&2&** Cross R over L. Step Back on L. Step R to Right Side. Cross L over R.
- 3&4** Kick R slight to R Diagonal. Hitch R. Cross R Over L (on &4 Clap two times).
- 5&6** Step Back on L. Step R to Right Side. Cross L over R.
- &7&8** Kick R slight to R Diagonal. Hitch R. Cross R Over L. Hold. (6.00)

(for styling add shoulder pops on &7&8& - L up, R up, L up, R up, L up)

S8. Side with a heel drag. Behind. Turn $\frac{1}{4}$ L Mambo Step. Back Lock Step. $\frac{1}{2}$. $\frac{1}{2}$. $\frac{1}{4}$. Cross.

- 1-2&** Step L to Left side as you drag R heel towards L. Step R Behind L. Turn $\frac{1}{4}$ L Stepping L Forward. (3.00)
- 3&4** Rock Forward on R. Recover onto L. Step Back on R.
- 5&6** Step Back on L. Lock R over L. Step Back on L.
- 7&8&** Turn $\frac{1}{2}$ Right Step Forward On R. Turn $\frac{1}{2}$ Right Step Back on L. Turn $\frac{1}{4}$ Right Step R to Right Side. Cross L over R. (6.00)

X-tra:

***X1: Wall 3 dance up to 7& in Section 4 then Hold on 8 then insert Section 7 (Clap section), then continue the dance from Section 5.**

Ending: On wall 4 dance up to count 7& in section 5, add 8& Turn $\frac{1}{2}$ Left Step L Forward. Turn $\frac{1}{4}$ Left Step R to Right Side, ending facing front.

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Please do not alter this step sheet in anyway.