

Move Your Body

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: TJ Tett (IRL) May 2017

Music: Move Your Body by Sia

Section 1 - Weave Right, Rock Back, $\frac{1}{4}$ R, $\frac{1}{4}$ R

1,2&3,4 - Step R foot to R Side, Cross L Behind R, Step R to R Side, Cross L over R, Step R to R side

5,6 - Rock back on L, Recover on R

7,8 - $\frac{1}{4}$ turn R Stepping back on L, $\frac{1}{4}$ turn R Stepping R to R side

Section 2 - Cross, Hold, & Behind $\frac{1}{4}$, Pivot $\frac{1}{2}$, Step L, $\frac{1}{2}$ turn stepping back on R.

1,2 - Cross L over R, Hold,

&3,4 - Step R to R side, Cross L Behind R, $\frac{1}{4}$ Turn R stepping Forward on R.

5,6 - Step Forward on L, Pivot $\frac{1}{2}$ Turn Right (3:00)

7,8 - Step Forward on L, $\frac{1}{2}$ turn L stepping back on R (9:00)

Section 3 - Step L back, Drag R, Walk forward L, R, L Cross Side Rock, R Cross Side Rock (Travelling Forward)

1,2 - Step L foot Back, Drag R next to L

&3,4 - Walk Forward L, R

5&6 - Cross L over R, Rock R to R side, Replace Weight onto L

7&8 - Cross R over L, Rock L to L side, Replace Weight onto R

Section 4 - Cross, $\frac{1}{4}$, Cross, Side, Rock Back, & Touch L, Touch R

1,2&3,4 - Cross L over R, $\frac{1}{4}$ turn L stepping Back on R, Replace Weight onto L, Cross R over L, Step L to L side.

5,6 - Rock back on R, Recover on L

&7 - Step R to R side, Touch L next to R

&8 - Step L to L side, Touch R next to L

Section 5 - Point R, Point L, R Heel, Touch L foot Forward, 2 Hip Bumps Forward & Back, Step L foot down, Sweep R over L

1&2&3&4 - Point R to R side, Step R foot Next to L, Point L to L side, Step L foot Next to R, R heel Forward, Step R foot next to L, Touch L foot Forward

5,6 -2 Hips bumps, 1 forward, 1 Back

7,8 - Step L Foot Down, Sweep R Leg over L

Section 6 - R Cross Back Side, L Cross Back Side, Rock Back on R, Walk forward R, L

1&2,3&4 - Cross R over L, Step L foot back, Step R to R side, Cross L over R, Step R foot Back, Step L to L side

5,6 - Rock back on R, Recover on L

7,8 - Walk forward R, L

Section 7 - Pivot ½ Turn, R Shuffle Forward, ¾ Turn, Left Cross Shuffle

1,2 - Step Forward on R, Pivot ½ left (12:00)

3&4 - Right Shuffle Forward

5,6 -½ Turn stepping back on L, ¼ Turn R Stepping R to R side (9:00)

7&8 - Cross L over R, Step R to R Side, Cross L over R

Section 8 - Side Rock, Behind Side Cross, ¾ Turn, Left Shuffle Forward

1,2 - Rock R to R side, Recover on L

3&4 - Cross R behind L, Step L to L Side, Cross R over L

5,6 -1/4 Turn R Stepping back on L, ½ Turn R Stepping Forward on R (6:00)

7&8 - Left Shuffle Forward

Restart - Wall 3 & Wall 6 - After Section 4, Restart your Dance.

Tag - Wall 7 - After Section 4 - 8 Count Tag

1,2 - Step Forward R, Pivot Turn Left,

3,4 - Step Forward R, Pivot Turn Left

&5&6 - Step R to R side, Touch L next to R, Step L to L side, Touch R next to L

7&8 - Right Kickball Cross

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Contact: tjtett2@gmail.com

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