

ORVAR

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Count: 32 **Wall:** 2 **Level:** beginner

Choreographer: Thomas Blixt-Hansson

Music: Who's Been Sleeping In My Bed by Glenn Frey

RIGHT TOE STRUT, LEFT TOE STRUT, ¼ TURN LEFT, CLAP, ¼ TURN LEFT, CLAP

- 1-2 Step forward on right toe, drop heel taking weight
- 3-4 Step forward on left toe, drop heel taking weight
- 5-6 Turn ¼ to the left and step right foot back, clap hands
- 7-8 Turn ¼ to the left and step left foot forward, clap hands

RIGHT ROCKING CHAIR, WALK FORWARD 3 STEPS, CLAP

- 1-2 Rock/step forward on right foot, recover onto left foot
- 3-4 Rock/step back on right foot, recover onto left foot
- 5-8 Step forward right, left, right, clap hands

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT ROCKING CHAIR

- 1-2 Step forward on left toe, drop heel taking weight
- 3-4 Step forward on right toe, drop heel taking weight
- 5-6 Rock/step forward on left foot, recover onto right foot
- 7-8 Rock/step back on left foot, recover onto right foot

STOMP, CLAP, STOMP, CLAP, WALK FORWARD 3 STEPS, CLAP

- 1-2 Stomp left foot forward, clap hands
- 3-4 Stomp right foot forward, clap hands
- 5-8 Step forward left, right, left, clap hands

REPEAT