

# High Heels To Fill

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Forty Arroyo (8/11)

**Music:** High Heels by Courtney Darwin. CD: Born To Love

**Sequence: 32, 32, 16 >> RESTART, 32, 32, TAG#1, 32, TAG#2, 32, 16... (Ends)**

**Don't be alarmed by the re-start and tags - the music will guide you.**

**[1-8] SIDE, ROCK, RECOVER, STEP, BALL, STEP - REPEAT (ends at 12 o'clock)**

- 1, 2&**      Step side R, Rock ball of L behind R, Step R in place
- 3&4**      Step forward on L diagonal, Step ball of R behind L, Step forward on L diagonal
- 5-8**      Repeat

**[9-16] STEP, ¼ LEFT, ¼ RIGHT, ½ LEFT, STEP, ROCK, STEP, ROCK, STEP (ends at 6 o'clock )**

- 1, 2**      Step forward on R, Pivot ¼ to L - shifting weight to L
- 3, 4**      Turn ¼ to R - stepping R in place, Pivot ½ turn to left stepping L in place
- 5, 6**      Step forward R, Step forward L
- &7&8**      Step forward on R(&), Step L next to R(3), Step back on R(&), Step L next to R(4)

**RESTART HAPPENS HERE AT 12 o'clock (after two full rotations)**

**[17-24] STEP, PUSH AND BUMP, STEP, PUSH AND BUMP (ends at 6 o'clock)**

- 1, 2**      Step slightly forward on R diagonal - pushing hips forward, Step L in place pushing hips back
- 3&4**      Bump hips R, L, R (weight on R)
- 5, 6**      Step slightly forward on L diagonal- pushing hips forward, Step R in place pushing hips back
- 7&8**      Bump hips (in place) L, R, L (weight on L)

**[25-32] STEP, CROSS, STEP, SWAY, SHUFFLE, PIVOT ¼ (ends at 3 o'clock)**

- 1&2**      Step back R diagonal, Cross L over R, Step back R diagonal
- 3&4squaring off to 6 o'clock - Sway hips to L, Sway hips to R**
- 5&6**      Step forward on L, Step R next to L, Step forward on L

**7, 8** Step forward on R, Pivot  $\frac{1}{4}$  to L - shifting weight of L.

**TAG#1 - 8 counts - happens at 12'oclock**

**(1 - 8) NC2 - R SIDE BASIC, L SIDE BASIC**

- 1 2&** Step R to side(1), Step L slightly behind R (2), Step R in place - slightly forward and across L (&)
- 3, 4&** Step L to side (3) Step R slightly behind L (4), Step L in place - slightly forward and across R (&)
- 5, 6&** Step R to side(1), Step L slightly behind R (2), Step R in place - slightly forward and across L (&)
- 7, 8&** Step L to side (3) Step R slightly behind L (4), Step L in place - slightly forward and across R (&)

**Tag#2 - Sway R, L, R, L - happens before and the ONLY time you start the dance at 9 o'clock**

**Finale: You will be starting the dance at 12 o'clock**

**Dance up to count 16 (now at 6 o'clock) - then do the following:**

**1-4** Step forward on R, Pivot  $\frac{1}{4}$  L, Step forward on R, Pivot  $\frac{1}{4}$  L

**ENJOY!! Questions? Email [forty.arroyo@gmail.com](mailto:forty.arroyo@gmail.com)**

**Revised 8/24**