

Apple Jack

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Count: 52 **Wall:** 2 **Level:** Phrased Improver

Choreographer: Siara Vigante (Latvia) Dec. 2015

Music: Apple Jack by Lisa McHugh

Sequence;-

AAB AAB AA-B(without 9-10 counts from section 2 and without 9-10 counts from section 4)

BAAAA-A(5&6&7&8 counts from section 2 stay in front)

PART A 16 counts

Section A1 - RIGHT WINE, LEFT SCUFF, LEFT WINE, RIGHT STOMP, APPLE JACK 2X

1&2&RF step side to right, LF step behind RF, RF step side to right, LF scuff

3&4&LF step side to left, RF step behind LF, LF step side to left, RF stomp next to LF

5&6& Take weight on R toe and L heel, Swivel R heel and L toe to left (5), Return both feet, to place (&), Take weight to on L toe and R heel, Swivel L heel and R toe right (6), Return both feet to place (&)

7&8& Repeat steps 5&6&

Section A2 - RIGHT WINE, LEFT SCUFF, LEFT WINE, RIGHT TOUCH, RIGHT HEEL, STEP ¼ , LEFT HEEL, STEP, RIGHT HEEL, STEP ¼ , LEFT HEEL, STEP

1&2&RF step side right, LF step behind RF, RF step side right, LF scuff

3&4&LF step side to left, RF step behind LF, LF step side, RF touch next to LF

5&6&RF heel forward, Turn ¼ to left RF step next to LF, LF heel forward, LF step next to RF

7&8& Repeat steps 5&6&

PART B 36 counts

Section B1 - CHASSE RIGHT, WAVE RIGHT, STEP SIDE RIGHT, LEFT SAILOR STEP ¼, RIGHT SHUFFLE FORWARD

1&2RF step side right, LF step next to RF, RF step side right

3&4&LF step behind RF, RF step side right, LF step cross over RF, RF step side right

5&6LF cross behind RF, Turn ¼ left RF step side right, LF step forward

7&8RF step forward, LF step next to RF, RF step forward

Section B2 - LEFT STEP FORWARD, TURN ¼ RIGHT, CROSS, TURN ¼ RIGHT STEP BACK, TURN ¼ LEFT STEP SIDE, STEP CROSS, LEFT ROCK STEP, RECOVER, WAVE RIGHT, RIGHT ROCK STEP, RECOVER

1&2LF step forward, Turn ¼ right RF step right side, LF step cross over RF

3&4 Turn ¼ left RF step back, Turn ¼ left LF step to left side, RF step cross over to LF

5-6LF step side to left, recover to RF

7&8LF step behind RF, RF step side right, LF step cross over RF

9-10RF step side to right, recover to LF

Section B3 - RIGHT KICK, STEP, LEFT KICK, STEP, RIGHT SHUFFLE FORWARD, LEFT ROCK STEP FORWARD, RECOVER, TURN ¼ LEFT STEP SIDE, FULL TURN TO LEFT (OR LEFT CHASSE)

1&2&RF kick forward, RF step next to LF, LF kick forward, LF step next to RF

3&4RF step forward, LF step next to RF, RF step forward

5-6LF step forward, recover to RF

7&8 Turn ¼ left LF step side, Turn ½ left RF step side to right, Turn ½ left LF step side to left
(Easy option - LF step side left, RF step next to LF, LF step side left)

Section B4 - WAVE LEFT 2X, STEP ¼ LEFT, PADDLE TURN 2X, RIGHT STAMP, HOLD

1&2&RF step cross over LF, LF step side, RF step behind LF, LF step side

3&4&RF step cross over LF, LF step side, RF step behind LF, Turn ¼ left LF step forward

5-6RF step forward, Turn ¼ left recover to LF - weight on LF

7-8RF step forward, Turn ¼ left recover to LF - weight on LF

9-10RF stomp next to LF, Hold

**ENDING (Section 2 of Part A) - RIGHT WINE, LEFT SCUFF, LEFT WINE, RIGHT TOUCH,
RIGHT HEEL, STEP, LEFT HEEL, STEP, RIGHT HEEL, STEP, LEFT STOMP**

1&2&RF step side to right, LF step behind RF, RF step side to right, LF scuff

3&4&LF step side to left, RF step behind LF, LF step side to left, RF touch next to LF

5&6&RF heel forward, RF step next to LF, LF heel forward, LF step next to RF

7&8RF heel forward, RF step next to LF, LF stomp a little bit forward

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