

Let It Go

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Dom Yates (Feb 2014)

Music: Let It Go by Demi Lovato. CD: Frozen OST or iTunes

18 Count Intro

[1-8] : Step Sweep, Diamond $\frac{1}{4}$ Turn, Side Rock Cross, 1 $\frac{3}{4}$ Turn

1: Step forward on right, sweeping left from back to front

2&3: Cross left over right, make $\frac{1}{8}$ turn left stepping back on right, step back on left

4&5: Step back on right, make $\frac{1}{8}$ turn left stepping left to side, cross right over left

6&7: Rock left to side, recover onto right, cross left over right

&8: Make $\frac{1}{4}$ turn left stepping back on right, make $\frac{1}{2}$ turn left stepping forward on left

&: Make $\frac{1}{2}$ turn left stepping back on right

[9-16] : Step Sweep, Jazz $\frac{1}{4}$ Turn Sweep, Mambo $\frac{1}{2}$ Turn, Pivot $\frac{1}{2}$ Turn, Forward Rock Run Back

1: Make $\frac{1}{2}$ turn left stepping forward on left, sweeping right from back to front

2&: Cross right over left, step back on left

3: Make $\frac{1}{4}$ turn right stepping forward on right, sweeping left from back to front

4&5: Rock forward on left, recover onto right, make $\frac{1}{2}$ turn left stepping forward on left

6&7&: Step forward on right, pivot $\frac{1}{2}$ turn left, rock forward on right, recover onto left

8&: Run back right, left

[17-24] : Run Back Sweep, Weave $\frac{1}{4}$ Turn, Spiral Full Turn, Lunge, Walks Back, Weave $\frac{1}{2}$ Turn, $\frac{3}{4}$ Turn

1: Run back right, sweeping left from front to back

2&: Cross left behind right, make $\frac{1}{4}$ turn right stepping forward on right

3,4: Step forward on left making full spiral turn right, lunge forward on right

****Restart Here Wall 2** See Notes**

5,6: Walk back left, right

7&8: Step back on left, make ½ turn right stepping forward on right, step forward on left

&: Make ½ turn left stepping back on right

[25-32] : Nightclub Basic Left & Right, Walks Forward, Pivot ½ Turn, Spiral Full Turn

1,2&: Make ¼ turn left stepping left to side, cross right behind left, step left across right

3,4&: Step right to side, cross left behind right, step right across left and slightly forward

5,6: Walk forward left, right

7&8: Step forward on left, pivot ½ turn right, step forward on left making full spiral turn right

****Restart** Wall 2**

Dance up to count 19 (spiral full turn), on count 20 instead of lunging, drag the spiral out over a second count, and start the dance again from count 1

****Tag** Wall 6**

At the end of Wall 6, you will be facing 3 o'clock wall. Add the following 2 count tag then start again

1,2: Walk forward right, left

Start Again

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