

It's A Heartache

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Count: 32

Wall: 4

Level: Improver - Lilt

Choreographer: Christina Yang (July, 2014)

Music: It's a Heartache by Rod Stewart

SECTION 1: SYNCOPATED WEAVE STEP TO R, SIDE ROCK, RECOVER, SYNCOPATED WEAVE STEP TO L, SIDE ROCK

1-2&RF side, LF cross behind LF, RF side

3-4LF cross over RF, RF side rock

5-6&LF recover, RF cross behind LF, LF side

7-8RF cross over LF, LF side rock

SECTION 2: RECOVER, CROSS BEHIND, 1/4 TURN TO R WITH FORWARD, FORWARD, FORWARD, FORWARD KICK, BACKWARD, DIAGONAL BACK TOUCH

1-2&RF recover, LF cross behind RF, 1/4 turn to R with RF forward,

3-4LF forward, RF forward

5-8LF forward, RF forward kick, RF backward, LF diagonal backward touch

SECTION 3: FORWARD, FORWARD KICK, BACKWARD, DIAGONAL BACK TOUCH, SYNCOPATED JAZZ BOX CROSS, SIDE STEP

1-4LF forward, RF forward kick, RF backward, LF diagonal backward touch

5-6&LF cross over RF, RF backward, LF side

7-8RF cross over LF, LF side step

SECTION 4: SIDE CHASSE TO R, BACK ROCK, RECOVER, SIDE CHASSE TO L, BACK ROCK, RECOVER

1&2RF side, LF closed RF, RF side

3-4LF backward rock, RF recover

5&6LF side, RF closed LF, LF side

7-8RF backward rock, LF recover

RESTARTS: On the 4th, 5th, 9th, 10th walls, you should dance until 24 counts and start again

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<http://www.youtube.com/user/thetrianglelinedance>