

No Roots

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Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Dwight Meessen - April 2017

Music: "No Roots" by Alice Merton (album: No Roots) 120 bpm

Intro 24 counts

S1: Out Out, Hold, Ball Cross, Side, Sailor $\frac{1}{4}$ L, Cross, Point

&1-2RF step side (out), LF step side (out), hold

&3-4RF step back to center on ball foot, LF cross over, RF step side

5&6LF $\frac{1}{4}$ left cross behind, RF step beside, LF step slightly forward

7-8RF cross over, LF point side [9]

S2: Out Out, Hold, Sailor, Sailor $\frac{1}{4}$ R Into Pivot $\frac{1}{2}$ L, Fwd

&1-2LF step side (out), RF step side (out), hold

3&4LF cross behind, RF step beside, LF step side

5&6RF $\frac{1}{4}$ right cross behind, LF step beside, RF step slightly forward

7-8R+L $\frac{1}{2}$ turn left, RF step forward [6]

S3: Rock Fwd Recover, Back, Point, Ball Fwd, Fwd, Out Out, Cross

1-4LF rock forward, RF recover, LF step back, RF point forward

&5-6RF step beside on ball foot, LF step forward, RF step forward

&7-8LF step side (out), RF step side (out), LF cross over [6]

S4: Out Out, Cross, Unwind $\frac{1}{2}$ L, Behind, $\frac{1}{4}$ R Fwd, Pivot $\frac{1}{2}$ R, Triple Full Turn R

&1RF step side (out), LF step side (out)

2-3RF cross over, R+L $\frac{1}{2}$ turn left

2-3: bounce slightly

4&LF cross behind, RF $\frac{1}{4}$ right step forward

5-6LF step forward, L+R $\frac{1}{2}$ turn right

7&8LF $\frac{1}{2}$ right step back, RF $\frac{1}{2}$ right step forward, LF step forward [9]

S5: Heel Switches, Coaster, Toe Switches, Behind, $\frac{1}{4}$ R Fwd, Fwd

1&2RF heel forward, RF together, LF heel forward

3&4LF step back, RF together, LF step forward

5&6RF point side, RF together, LF point side

7&8LF cross behind, RF $\frac{1}{4}$ right step forward, LF step forward [12]

S6: Rock Fwd Recover, Ball Rock Fwd Recover, Ball Pivot $\frac{1}{2}$ L, Shuffle Fwd

1-2RF rock forward, LF recover

&3-4RF step beside on ball foot, LF rock forward, RF recover

&5-6LF step beside on ball foot, RF step forward, R+L $\frac{1}{2}$ turn left

7&8RF step forward, LF step beside, RF step forward [6]

S7: Sway x2, Half Box Fwd (x2)

1-2LF step side with hips left, hips right

3&4LF step side, RF together, LF step forward

5-6RF step side with hips right, hips left

7&8RF step side, LF together, RF step forward [6]

S8: Pivot $\frac{1}{2}$ R, Shuffle $\frac{1}{2}$ R, Coaster, Fwd, Scuff

1-2LF step forward, L+R $\frac{1}{2}$ turn right

3&4LF $\frac{1}{4}$ right step side, RF step beside, LF $\frac{1}{4}$ right step back

5&6RF step back, LF together, RF step forward

7-8LF step forward, RF scuff [6]

Start again

TAG 1: After the 1st and 3rd wall [6]

Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross

1RF step side

2&3LF cross behind, RF step side, LF cross over

4RF step side

5-6LF rock behind, RF recover

7&8LF kick left forward, LF step beside on ball foot, RF cross over

Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross

1LF step side

2&3RF cross behind, LF step side, RF cross over

4LF step side

5-6RF rock behind, LF recover

7&8RF kick left forward, RF step beside on ball foot, LF cross over

TAG 2: After the 5th wall [6]:

Out Out, Hold, Ball Cross, Hold

&1-2RF step side (out), LF step side (out), hold

&3-4RF step on ball foot back to center, LF cross over, hold