

Mud Digger

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Count: 48

Wall: 1

Level: Phrased Beginner / Intermediate

Choreographer: Gail Smith (Nov 2012)

Music: Mud Digger by Lenny Cooper & Colt Ford

INTRO: 11 seconds - On downbeat of music

******* The count is based on the high pitch sound (flute?) - Counts being 1 & 2 & 3 & 4 &**

PATTERN: First time - A BBBB, then AA BBBB throughout the song

PART "A" - 16 counts

SIDE-ROCK, RECOVER, SCUFF, HITCH, STEP (this section X 2)

1 &R rock out to side, L recover

2 &R scuff, R hitch and slap right knee

3 &R step forward, L scuff

4 &L hitch and slap right knee, L step forward

5 - 8REPEAT counts 1 - 4 & (12:00)

MAMBO 1/2 TURN, FORWARD HIP BUMPS, 1/2 TURNING HIP BUMPS, COASTER STEP

1 & 2R rock forward, L recover, 1/2 turn right and R step forward

3 & 4L step forward as you bump hips forward, back, forward

5 & 6 1/2 turn shuffle left while stepping R, L, R and bump your hips R, L, R

7 & 8L step back, R step together, L step forward (12:00)

PART "B" (MUD DIGGER) - 32 counts

HEEL DIG, 1/4 TURN GRIND, STEP BACK, COASTER STEP, LOCK STEP, CHASE 1/2 TURN

1 & 2R heel dig forward, twist to 1/4 turn right (shift weight to L), R step slightly back

3 & 4L step back, R step together, L step forward,

5 & 6R step forward, L lock, R step forward,

7 & 8L step forward, 1/2 turn left, L step forward (3:00)

REPEAT PART "B" 3 MORE TIMES AND END FACING THE FRONT WALL (12:00)

START OVER

The pattern throughout the rest of the dance is section "A" 2 times, section "B" 4 times

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