

Olivia's Physical

LINEDANCE.COM

Count: 64

Wall: 2

Level: Beginner / Intermediate

Choreographer: Joyce Nicholas (May, 2011)

Music: Let's Get Physical by Olivia Newton-John

STOMP FORWARD, STEP BACK, PIVOT $\frac{1}{2}$

- 1-2 Stomp R fwd (push R hand out), Stomp L fwd (push L hand out)
3-4 Step R back (R hand slap R thigh), Step L back (L hand slap L thigh)
5-8 Step R fwd, Pivot $\frac{1}{2}$ left, Step R and L in place [6.00]

REPEAT 1-8 [12.00]

MONTEREY $\frac{1}{2}$ TURN , MONTEREY $\frac{1}{4}$ TURN

- 1-2 Touch R to right (R hand outstretch to side), on ball of left make $\frac{1}{2}$ turn right, Stepping R beside left
3-4 Touch L to left (L hand outstretch to side), Step L beside right
5-6 Touch R to right (R hand outstretch to side), on ball of left make $\frac{1}{4}$ turn right, Stepping R beside left
7-8 Touch L to left (L hand outstretch to side), Step L beside right [9.00]

STEP SWEEP X 2, CROSS SIDE, BEHIND, TOUCH

- 1-2 Step fwd on R, Sweep L around from back to front
3-4 Step fwd on L, Sweep R around from back to front
5-6 Cross R over left, Step to left
7-8 Cross R behind left, Touch L to left [9.00]

STEP $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN KICK, SIDE TOUCHES X 2

- 1-2 Step L fwd, making $\frac{1}{4}$ turn L, Step back on R
3-4 Making $\frac{1}{4}$ turn L, Step L fwd, Kick R fwd
&5-6 Step R next to left, Touch L to left. Hold
&7-8 Step L next to right, Touch R to right. Hold [3.00]

RIGHT SAILOR, STEP $\frac{1}{4}$ TURN TOUCH, BUMPS X 4

- 1&2 Cross R behind left, Step L to left, Step R to right

3-4 Turning $\frac{1}{4}$ left, Step L to left, Touch R beside left

5-8 Bump hips, RLRL [12.00]

WALK FWD X 3, KICK, WALK BACK X 3, HITCH

1-2 Walk R fwd, Walk L fwd

3-4 Walk R fwd, Kick L fwd (raise both arm in the air)

5-6 Walk back on L, Walk back on R

7-8 Walk back on L, Hitch R knee up [12.00]

$\frac{1}{4}$ TURN JAZZ BOX X 2

1-4 Cross R over left, Step L back, Turning $\frac{1}{4}$ right, Step R to right, Step L beside right

5-8 Cross R over left, Step L back, Turning $\frac{1}{4}$ right, Step R to right, Step L beside right [6.00]

START AGAIN