

# I'm In a Spin

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Sheila Towers (May 2010)

**Music:** I'm In A Spin by Chris James

**Music available at: [www.chrisjamescountry.co.uk](http://www.chrisjamescountry.co.uk)**

**32 Count intro Start on vocals**

**Step, Lock, Step, Brush, Step, Lock, Step, Brush**

- 1-2            Step Right foot forward - Lock Left foot behind Right foot
- 3-4            Step Right foot forward- Brush Left foot forward
- 5-6            Step Left foot forward - Lock Right foot behind left foot
- 7-8            Step Left foot forward - Brush Right foot forward

**Walk back Right, Left, Right, Touch Left, Left Grapevine making ¼ turn Left, brush**

- 1-2            Right foot step back - Left foot step back
- 3-4            Right foot step back - Touch Left beside Right
- 5-6            Left foot step to Left side - Cross right foot behind Left
- 7-8            Left foot step ¼ turn Left - Brush Right foot forward

**Jazz box, brush, Jazz box making ¼ turn left, touch**

- 1-2            Right foot cross step over Left - Left foot step back
- 3-4            Right foot step to Right side - Left foot brush forward
- 5-6            Left foot cross step over Right - Right foot step back
- 7-8            Left foot step ¼ turn Left - Touch Right foot beside Left

**Right Grapevine, Step Left beside Right, Heels, Toes, Heels (moving to left) clap**

- 1-2            Right foot step to right side - Cross step Left behind Right
- 3-4            Right foot step to Right side - Step Left foot beside Right
- 5-6            Swivel Heels Left - Swivel Toes Left
- 7-8            Swivel heels to Centre - Clap hands

**Begin Again**

