

Celtic Rock

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Count: 32 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Derek Robinson , (March 2012)

Music: Rare Old Mountain Dew by Orthodox Celts / CD Green Roses. (119bpm)

Note: The dance is choreographed to the track by Orthodox Celts which may be hard to find as a MP3 download, but

alternative versions are available by other artists.

Intro: 8 counts after beat kicks in.

Sec 1: WALK FORWARD RIGHT, LEFT, MAMBO STEP, SYNCOPATED HITCH STEPS BACK, COASTER STEP.

- 1-2 Walk forward right, left.
- 3&4 Rock forward right, recover onto left, step back right.
- &5 Hitch left, step back left.
- &6 Hitch right, step back right.
- 7&8 Step back left, step right beside left, step forward left.

Sec 2: RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE.

- 1-2 Rock side right, recover onto left.
- 3&4 Cross right over left, step left to left side, cross right over left. (Lift right knee when crossing).
- 5-6 Rock side left, recover onto right.
- 7&8 Cross left over right, step right to right side, cross left over right. (Lift left knee when crossing).

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Sec 3: SIDE ROCK, ¼ TURN, PIVOT ½ TURN, FORWARD ROCK, SHUFFLE BACK.

- 1-2 Rock side right, recover onto left stepping ¼ turn left. (9.00)
- 3-4 Step forward right, pivot ½ turn left. (3.00)

(Restart here on wall 5).

- 5-6 Rock forward on right, recover onto left.

7&8 Step back right, step left beside right, step back right.

Sec 4: SYNCOPATED ROCK STEPS BACK & FORWARD, WALK ½ CIRCLE RIGHT.

1& Rock back on left, recover onto right.

2& Rock forward on left, recover onto right.

3& Rock back on left, recover onto right,

4 Step forward left.

5-6-7-8 Walk in ½ circle right, (with a swagger), stepping – right, left, right, left (9.00)

Begin again

Restart There is one easy restart after 20 counts on wall 5; you will be facing (3.00) for restart.