

IN CONTROL

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Andrew, Simon and Sheila (UK) Dec 08

Music: Up by The Saturdays (CD: Single) 117bpm

Intro: 32 Counts start on words

Cross. Quarter. Coaster Step. Step. Half. Shuffle Half.

- 1-2** Cross R over L, Quarter turn R (facing 3:00) Step back on L.
- 3&4** Step back on R. Step L beside R. Step forward on R.
- 5-6** Step forward on L, Half turn L (facing 9:00) Step back on R.
- 7&8** Shuffle half turn L - LRL (facing 3:00).

***** Restart here on wall 10 (facing 12:00)**

Cross. Back. Ball Cross (x3). Side. Behind. Side. Heel.

- 1-2** Cross R over L, Step back on L.
- &3&4&5** Step R beside L, Cross L over R, Step R beside L, Cross L over R, Step R beside L, Cross L over R.
- 6** Step R to side.
- 7&8** Cross L behind R, Step R to side, Tap L heel to L diagonal.

Ball Cross. Quarter. Shuffle Half. Mambo Quarter. Cross Shuffle.

- &1-2** Step L beside R, Cross R over L, Quarter turn R (facing 6:00) Step back on L.
- 3&4** Shuffle half turn R - RLR (facing 12:00).
- 5&6** Rock forward on L, Recover weight to R, Quarter turn L (facing 9:00) Step L to side.
- 7&8** Cross R over L, Step L to side, Cross R over L.

Quarter. Half. Pivot Quarter. Cross. Side. Sailor Step.

- 1-2** Quarter turn R (facing 12:00) Step back on L, Half turn R (facing 6:00) Step forward on R.
- 3-4** Step forward on L, Pivot Quarter turn R (facing 9:00).
- 5-6** Cross L over R, Step R to side.
- 7&8** Cross L behind R, Step R to side, Step L beside R.

Start Again

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=77071