

# A For Average

LINEDANCE.COM

**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Kayla Cosgrove - Feb 2017

**Music:** Totally Average Woman by Carla Ulbrich

**There is a conversational intro in the beginning of the track that sets the tone for the song.**

**Start dancing on Lyrics when she sings "I got a..."**

**Dance fits any generic blues track**

## **S1: WALK X3, BALL STEP, CROSS HITCH, CROSS, SIDE, BRUSH**

**1,2,3**      Walk fwd R(1) L(2) Walk fwd R(3)

**&4,5**      Quickly step ball of L out to L(&) Recover to R(4) Hitch L knee up and slightly across body to R angle(5)

**Optional Styling: As you hitch L knee lean slightly back to L**

**Optional Variation: Flick L foot back(5)**

**6,7,8**      Cross L over R(6) Step R to R(7) Brush L across R(8) Facing 12 o'clock

## **S2: CROSS ROCK RECOVER, SHUFFLE ¼ LEFT, JUMP UP, CLAP, JUMP BACK, CLAP**

**1,2**      Cross rock R over L(1) Recover L(2)

**3&4**      Shuffle to L making a ¼ L stepping L(3) R(&) Making ¼ L stepping L fwd(4)

**&5,6**      Jump up with feet shoulder width apart stepping up R(&) L(5) Clap(6)

**&7,8**      Jump back bringing feet together stepping back R(&) L(7) Clap(8)

**Optional Bonus: On walls 3 and 7, the music changes slightly. On counts &5,6,&7,8 you will hear more of a syncopation and can add that in, changing the steps to the below.**

**&5&6**      Jump up stepping R(&) L(5) Jump back R(&) Jump back L(6)

**&7&8**      Jump up stepping R(&) L(7) Jump back R(&) Jump back L(8) Facing 9 o'clock

## **S3: STEP, BRUSH SWEEP X2, JAZZ BOX CROSS**

**1,2**      Step R fwd(1) Brush L fwd as you sweep it slightly around(2)

**3,4**      Step L fwd(1) Brush R fwd as you sweep it slightly around(4)

- 5,6 Cross R over L(5) Step L back(6)  
7,8 Step R to R(7) Cross R over L(8) Facing 9 o'clock

#### **S4: SIDE SHUFFLE, ROCK STEP, ¼ LEFT BACK, WALK BACK X2**

- 1&2 Shuffle to R side stepping R(1) L(&) R(2)  
3,4 Rock back on L(3) Recover R(4)  
5&6 Shuffle to L as you make a ¼ left stepping L(5) R(&) Step L back making ¼ left(6)  
7,8 Walk back R(7) L(8) Facing 12 o'clock

#### **S5: COASTER STEP, STEP SIDE ROCK RECOVER, BALL POINT DRAG**

- 1&2 Step R back(1) Step L together(&) Step R fwd(2)  
3&4 Step L fwd(3) Rock R to R(&) Recover to L(4)  
&5,6 Quickly step R in bending R knee(&) Point L toes to L(5) Drag L into R(6)  
7,8 Drag L into R(7) Step down on L(8) Facing 12 o'clock

#### **S6: SAILOR STEP X2, STEP ½ LEFT, STEP ¼ LEFT**

- 1&2 Step R behind L(1) Step L to L(&) Step R center(2)  
3&4 Step L behind R(3) Step R to R(&) Step L center(4)  
5,6 Step R fwd(5) Pivot ½ turn L(6)  
7,8 Step L fwd(7) Pivot ¼ turn L(8) End facing 3 o'clock.

#### **REPEAT (LAUGH) AND ENJOY!**