

IN THE MOOD

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Count: 32

Wall: 1

Level: beginner/intermediate

Choreographer: David Sinfield

Music: I'm In The Mood For Dancing by The Nolan Sisters

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, WALK LEFT & RIGHT, LEFT SHUFFLE

- 1-2 Rock forward on right, replace weight onto left
- 3&4 Shuffle ½ turn right stepping right-left-right
- 5-6 Walk forward left, walk forward right
- 7&8 Step left forward, close right beside left, step left forward

STEP ¼ TURN, CROSS SHUFFLE, SIDE ROCK, SAILOR SHUFFLE

- 1-2 Step right forward, pivot ¼ turn left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Rock left to left, replace weight onto right
- 7&8 Cross left behind right, step right in place, step left in place

STEP PIVOT, RIGHT SHUFFLE, STEP ¼ TURN, LEFT SHUFFLE

- 1-2 Step right forward, pivot ½ turn left
- 3&4 Step right forward, close left beside right, step right forward
- 5-6 Step left forward, pivot ¼ turn right
- 7&8 Step left forward, close right beside left, step left forward

STEP, LOCK, AND, STEP PIVOT, STEP, LOCK, AND, STEP PIVOT

- 1-2 Step forward right, lock left behind right
- &-3-4 Step forward right, step left forward, pivot ½ turn right
- 5-6 Step forward left, lock right behind left
- &7-8 Step forward left, step right forward, pivot ½ turn left

REPEAT