

One Friend

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Count: 34 **Wall:** 2 **Level:** Intermediate

Choreographer: Edwin P Napitu (Netherland) July 2015

Music: One Friend (Dan Seals)

Intro: 12 counts

(1-8) SIDE, ½ TURN L/STEP, STEP, ROCK STEP, BACK(SWEEP), BACK ROCK, ¾ TURN L(SWEEP), CROSS, SIDE

1 - 2&R long side step to right side, ½ turn left/step L forward, step R forward

3 & 4 Rock L forward, recover on R, step L back(sweep R behind L)

5 - 6 Rock R behind L, recover on L

&7 - 8&½ turn left/step R back, ¼ turn left/step L forward(sweep R back to front), cross R over L, step L to left side

(9-16) BACK ROCK, SIDE, BACK ROCK, ½ TURN R/BACK, BACK ROCK, FULL TURN L FORWARD, FLICK, STEP

1 - 2 Rock R behind L, recover on L

&3 - 4 Step R to right side, cross L behind R, recover on R

& 5 - 6½ turn right/step L back, cross R behind L, recover on L

& 7 & 8½ turn left/step R back, ½ turn left/step L forward, flick R behind L, step R forward

(17-24) ROCK STEP, BACK/R DRAG, BACK, ½ TURN L/STEP, STEP, ROCK STEP ¼ TURN L, SIDE, WEAVE TO LEFT

1 & 2 Rock L forward, recover on R, step L back/drag R back

3 & 4 Step R back, ½ turn left/step L forward, step R forward

5 & 6 Rock step, ¼ turn left, step L to left side

7 & 8& Cross R over L, step L to left side, cross R behind L, step L to left side

(25-34) CROSS ROCK, ¼ TURN L/STEP, STEP, PIVOT ½ TURN L STEP, FULL TURN R FORWARD, ¼ TURN R/SIDE, BACK ROCK, SWAYS

1 - 2 Cross R over L, recover on L

& 3¼ turn right/step R forward, step L forward

4 & 5 Step R forward, pivot ½ turn left, step R forward

6 & 7½ turn right/step L back, ½ turn right/step R forward, ¼ turn right/step L long to left side

8 & Rock R behind L, recover on L

RESTART - Wall 3

9 - 10 Step R to right side/sway R to right side, sway L to left side

Restart : during 3rd wall (after count 32&).....(06:00)

Just dance & Happy Fun!

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