

Hoist 'Em Up

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Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Tony Wilson and Lana Harvey (Oct 2008)

Music: Music: Sloop John B, Beach Boys, 125 BPM, Stars And Stripes CD,

Teach: Leaving Of Liverpool, Showband Show, 94 BPM, Tradition Lives On CD

Start after 12 counts on vocals

SAILOR STEPS, ½ PIVOTS

- 1&2** Step R behind L, step L to left side, step R next to L
- 3&4** Step L behind R, step R to right side, step L next to R
- 5-6** Step R forward, pivot ½ left on ball of L weight ending on L
- 7-8** Step R forward, pivot ½ left on ball of L weight ending on L

STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FWD

- 1-2** Stomp R forward, hold and clap
- 3-4** Stomp L forward, hold and clap
- 5-6** Touch R heel forward, touch R toe back
- 7-8** Shuffle forward RLR

¼ PIVOT, CROSS SHUFFLE, ¼ TURN L, FWD LOCK STEP

- 1-2** Step forward on L, pivot ¼ right on ball of R weight ending on R
- 3&4** Cross step L over R, step R slightly to right, cross step L over R
- 5** Pivoting ¼ left on ball of L, step R back
- 6** Rock back on L (you are now facing wall 1 with body angled left)
- 7&8** Step R forward, lock L behind R, step R forward

HEEL, TOE ½ TURN L, SHUFFLE FWD, STOMP, CLAP, STOMP, CLAP

- 1-2** Touch L heel forward, touch L toe back
- &** Pivot ½ left on ball of R
- 3&4** Shuffle forward LRL
- 5-6** Stomp R forward, hold and clap

7-8 Stomp L forward, hold and clap

Start Again

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=76836