

DROWN IN A BOWL

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Terry Mchugh

Music: Shine by Vanessa Amorosi

SYNCOPATED CROSS ROCKS, ½ TURN LEFT, LEFT COASTER STEP

- 1&2** Rock forward on right across left, recover on left, rock back on right
- &3&4&** Recover on left, rock forward on right across left, recover on left, rock back on right, recover on left
- 5-6** Cross right over left, swivel ½ turn left
- 7&8** Step back on left, step right beside left, tap left beside right, (weight on right)

2 MODIFIED JAZZ BOXES

- 1-2** Step left to left side, step right beside left
- 3&4** Step back on left, step back and to side on right, step left beside right
- 5-6** Cross right over left, step back on left
- 7&8** Step back and to side on right, step left beside right, step forward on right

FORWARD ROCK, BACK LOCKS, SIDE POINTS, ¼ TURN LEFT

- 1-2** Rock forward on left, recover on right
- 3&4** Lock steps back left, right, left
- 5&6&** Point right toe to right side, step right beside left, point left toe to left side, step left beside right
- 7&8&** Point right toe to right side, step right beside left, point left toe to left side, swivel ¼ turn left on right, hitch left knee

FORWARD LOCKS, ¼ TURN LEFT, LEFT COASTER STEP

- 1-2** Step forward on left, step right behind left
- 3&4** Lock steps forward left, right, left
- 5&6** Step right to right side, step ¼ turn left on left, step right beside left
- 7&8** Step back on left, step right beside left, step forward on left

CROSS MAMBOS TWICE, SIDE TOGETHER, RIGHT CHASSE, ¼ TURN LEFT

- 1&2** Rock right to right, side, rock back on to left, cross right over left
- 3&4** Rock left to left side, rock back on to right, cross left over right
- 5-6** Step right to right side, step left beside right
- 7&8** Chasse right, right, left, right, with $\frac{1}{4}$ turn left

STEP FORWARD LEFT, RIGHT, LEFT $\frac{1}{2}$ TURN RIGHT, STEP FORWARD ON RIGHT, FULL TURN LEFT, FORWARD MAMBO

- 1-2** Walk forward left, right
- 3&4** Walk forward on left, swivel $\frac{1}{2}$ turn right, step forward on left
- 5-6** Step forward on right, with 1-2 turn left, step back on left with 1-2 turn left
- 7&8** Step forward on right, rock back on left, step right beside left

SLIDE BACK RIGHT, LEFT, LEFT COASTER STEP, $\frac{1}{2}$ TURN LEFT, CROSS MAMBO

- 1-2** Slide back left, right, (moonwalk style)
- 3&4** Step back on left, step right beside left, step forward on left
- 5-6** Cross right over left, swivel $\frac{1}{2}$ turn left
- 7&8** Step left to left side, rock back onto right, cross left over right

ROCK RIGHT, ROCK LEFT, LEFT CROSS SHUFFLE, ROCK LEFT ROCK RIGHT, STEP LEFT BEHIND RIGHT, STEP RIGHT & LEFT IN PLACE

- 1-2** Rock on to right, rock back on to left
- 3&4** Cross shuffle left right, left, right
- 5-6** Rock on to left, rock back on to right
- 7&8** Step left behind right, step right to right side, rock back on to left

REPEAT

RESTART

On wall 2 dance to count 48, then start dance again from the beginning