

Always Stay

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Tina Argyle (May 2013)

Music: Always Be This Way by Martina McBride Eleven (iTunes - 158 bpm)

Count In : 32 counts from start of track - start dancing with lyrics (approx 12 seconds in)

Right Mambo Fwd. Left Coaster Step. Kick & Point, Hitch. Left Jazz Box

- 1&2** Rock fwd right, recover back onto left, step back right
- 3&4** Step back left, step back right, step fwd. left.
- 5&6** Kick right fwd, step down right in place, point left toe to left side
- &** Hitch left knee
- 7&8** Cross left over right, step back right, step left to left side. (12 o'clock)

***** Re start here Wall 2 facing 3 o'clock - & Wall 4 facing 6 o'clock**

Mambo Cross Rock ¼ Turn Right. ½ Shuffle Turn . Right Coaster Step Hitch. Left Lock Fwd.

- 1&2** Cross rock right over left, recover weight onto left, make ¼ turn right stepping fwd right. (3 o'clock)
- 3&4** Make ½ turn right stepping back left, close right at side of left, step back left. (9 o'clock)
- 5&6** Step back right, step back left, step fwd right.
- &** Hitch left knee (scooting slightly fwd on right if you feel energetic!! J)
- 7&8** Step fwd left, lock right behind left, step fwd left.

***** Re start here Wall 7 facing 9 o'clock**

Vaudeville x 2. & Tap & Heel, Coaster Step, Ball Step

- 1&2** Cross right over left, step back left to left diagonal, touch right heel to right diagonal
- &** Step right in place
- 3&4** Cross left over right, step right back to right diagonal, touch left heel to left diagonal
- &5** Step left in place, touch right at side of left
- &6** Step right back to right diagonal, touch left heel to left diagonal

7&8 Step back left, step back right, step fwd left

&1 Step together right step fwd left.

Step Fwd Right. Left Mambo ½ Turn Left. 2 x ½ pivot Turns (or Mambo Fwd) , Kick, Coaster Step.

2 Step forward right

3&4 Rock fwd onto left, recover weight back onto right, ½ turn left stepping fwd left (3 o'clock)

5&6 Step fwd right, ½ turn left onto left, (9 o'clock) ½ turn left stepping back right (3 o'clock)

Alternative for counts 5&6:- mambo fwd right, recover onto left, step back right.

& Low kick left fwd

7&8 Step back left, step back right, step fwd left.

Tag: End of Wall 5 facing 9 o'clock add 2 x ½ pivot turns (4 counts)

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