

ISLAND RHYTHM

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Sylvia Schell

Music: Al Ritmo De Le Vida by OV7

KICKBALL, CROSS, KICKBALL, CROSS, TOUCH FORWARD, SIDE, RIGHT SAILOR STEP

1&2(Moving right diagonally) kick right forward, step on right ball, step left in front of right

3&4(Moving right diagonally) kick right forward, step on right ball, step left in front of right

5-6 Touch right toe forward, touch right toe to right side

7&8 Step right foot behind, step left beside right, step right to right side

KICKBALL, CROSS, KICKBALL, CROSS, TOUCH FORWARD, SIDE, ¼ TURN SAILOR STEP

1&2(Moving left diagonally) kick left forward, step on left ball, step right in front of left

3&4(Moving left diagonally) kick left forward, step on left ball, step right in front of left

5-6 Touch left toe forward, touch left toe to left side

7&8 Stepping behind with the left, turn ¼ turn to left, step right foot beside left, step left to left

ROCK, RECOVER, SHUFFLE BACK, TOUCH, ½ TURN, SHUFFLE BACK

1-2 Rock forward on right, recover on left

3&4 Shuffle back right (right, left, right)

5-6 Touch left toe behind right, turn ½ turn left (weight goes to left)

7&8 Shuffle back right (right, left, right)

LEFT MAMBO, RIGHT MAMBO, BIG STEP LEFT, SLIDE, & STEP

1&2 Rock left foot to left, recover on right, step left beside right

3&4 Rock right foot to right, recover on left, step right beside left

5-6-7 Big step left with left, on counts 6-7, slowly drag right to left

&8(&) Rock back on right ball, recover on left in place

REPEAT