

Hell Heel AB

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Count: 16 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Laura Nanclares - December 2017

Music: "Tennessee" by Johnny Cash (132 bpm)

Alt. music: "Freight Train Blues" by Boxcar Willie (172 bpm)

[1-8] TOE FAN, SWIVELS (TOE HEEL TOE), STOMP

1-R toe out (to right)

2-R toe in

3-R toe out

4-R toe in

5-L toe to the left

6-L heel to the left

7-L toe to the left

8- Stomp RF next to the LF

[9-16] HOOK COMBINATION, HEEL GRIND $\frac{1}{4}$ TURN, STOMP, STOMP

1- Heel L forward, in left diagonal

2- Hook L over R

3- Heel L forward, in left diagonal

4- Stomp LF next to RF

5-R heel forward

6- Change weight to LF turning $\frac{1}{4}$ to the right

7- Stomp RF next to LF

8- Stomp LF next to RF

-START OVER-

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