

# Groove Thing

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Anne Herd , Australia, (September 2016) (Version 1)

**Music:** Shake Your Groove Thing by Peaches & Herb. CD: R&B Party 3.25 - iTunes

**Intro: Start on main lyrics, 32 beats in, weight on L - Turning CW**

## VINE RIGHT AND LEFT

**1-2-3-4** Step R to side, Cross L behind R, Step R to side, Touch L beside R

**5-6-7-8** Step L to side Cross R behind L, Step L to side, and Touch R beside L

## WALK BACK, HIP BUMPS

**1-2-3-4** Walk back stepping RLR, Touch L beside R

**5-6-7-8** On the L diagonal, Step fwd. on L as you bump hips twice fwd. and twice back (LL, RR)

## WALK FORWARD, FORWARD TOUCH, BACK TOUCH

**1-2-3-4** Walk forward stepping L R L, Touch R beside L

**5-6-7-8** On the R diagonal, Step fwd. on R, Touch L beside R, Step back on L, Touch R beside L

## 1/4 TURN, STEP TOUCH, V STEP

**1-2-3-4** Turn 1/4 R, Stepping R to side, Touch L beside R, Step L to side, Touch R beside L

**5-6-7-8** Step fwd. on R on the R diagonal. Step fwd. on L on the L diagonal. Step R back to centre.  
Step L beside R

## [32] Begin dance again

**TAG: There is a four count tag at the end of the first wall. Simply repeat the V step.**

**ENDING: You will be on the 12.00 wall. Simply change counts 25-28 into a K step (leaving off the 1/4 turn) then continue with the V step.**

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