

I'M SLOWLY LOSING MY MIND

LINEDANCE.COM

Count: 24

Wall: —

Level: —

Choreographer: Tonny van Donk

Music: Losing My Mind by Scooter Lee

Position: Sweetheart Right side by side

BOTH: ROCKING CHAIR

1-2 Rock right forward, replace weight back on left foot

3-4 Rock right backward, replace weight back on left foot

STEP FORWARD, SLIDE, STEP FORWARD, TOUCH/ $\frac{1}{2}$ TURN RIGHT

5-6MAN: Step right forward, slide left beside right

LADY: Step right forward, slide left beside right

Drop right hands

7-8MAN: Step right forward, $\frac{1}{2}$ turn to the right on ball of right foot

LADY: Step right forward, touch left heel forward

STEP BACK/STEP FORWARD, TOE TOUCH BACKWARD/HEEL TOUCH FORWARD

1-2MAN: Step left backward, step right backward

LADY: Step left forward, step right forward

3-4MAN: Step left backward, touch right toe backward

LADY: Step left forward, touch right heel forward

$\frac{1}{2}$ TURN/STEP IN PLACE, TRIPLE IN PLACE

5-6MAN: Step right $\frac{1}{4}$ turn left, step left $\frac{1}{4}$ turn left

LADY: Step right in place, step left in place

7-8BOTH: Triple in place stepping right-left-right

BOTH:

SHUFFLE FORWARD

1&2 Shuffle forward stepping left-right-left

3&4 Shuffle forward stepping right-left-right

SHUFFLE FORWARD, KICK BALL CHANGE/TURNING TRIPLE

5&6BOTH: Shuffle forward stepping left-right-left

7&8MAN: Right kick ball change

LADY: Turning triple to the left stepping right 1/3 turn left, left 1/3 turn left, right 1/3 turn left

REPLACE

&LADY: Replace weight back on left foot

REPEAT