

Ni Na La

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Low Intermediate

Choreographer: Derrick Walker USA (Feb 2012)

Music: Nil Na La by Solas

16 count intro.....Start on vocals

(RLR) TRIPLE FORWARD, (LRL) TRIPLE $\frac{1}{4}$ TURN LEFT, (RLR) $\frac{1}{4}$ TURN TRIPLE BACK, COASTER STEP

- 1&2 Triple forward Right-Left-Right
3&4 Triple Left-Right-Left a $\frac{1}{4}$ turn Left (9:00)

5&6 $\frac{1}{4}$ turn Left, Triple back Right-Left-Right (6:00)

- 7&8 Step Left Foot back, Step Right Foot next to Left, Step Left Foot Forward

(RLR) TRIPLE FORWARD, (LRL) TRIPLE FORWARD, HEEL, & HEEL, & POINT, & POINT

- 1&2 Triple forward Right-Left-Right
3&4 Triple forward Left-Right-Left
5& Right Heel Forward, Bring together
6& Left Heel Forward, Bring together
7&8 Point Right Toe to Right Side, Step Right next to Left, Point Left Toe to Left Side (weight on Right)

LEFT SAILOR, FULL PADDLE TURN (RLRL), WEAVE TO LEFT

- 1&2 Cross Left behind Right Foot, Step Right Foot to Right Side, Step Left Foot to Left Side
&3&4 Full Paddle turn Right (Right Step, Left Ball Step, Right Step, Left Step to side) (Weight on Left) (6:00)
5& Cross Right Foot behind Left Foot, Step Left Foot to Left Side
6& Cross Right Foot across Left Foot, Step Left Foot to Left Side
7& Cross Right Foot behind Left Foot, Step Left Foot to Left Side
8 Step Right Foot beside Left Foot

STEP, $\frac{1}{2}$ TURN RIGHT, STEP $\frac{1}{4}$ TURN RIGHT, ROCKING CHAIR, SCUFF/HITCH STEP

- 1-2 Step Left Foot Forward, Pivot $\frac{1}{2}$ turn Right (12:00)

3-4 Step Left Foot Forward, Pivot $\frac{1}{4}$ turn Right (3:00)

5&6& Rock Left Foot Forward, Recover on Right Foot, Rock Left Foot Forward, Recover on Right Foot

7&8 Scuff Left Foot Forward, Hitch Left Knee, Step Left Foot next to Right Foot

ENDING THE DANCE: You'll be facing 3:00, after the Heel & Heel (5&6) from 2nd 8 count, you will do a Left Sailor with a $\frac{1}{4}$ turn Left to face the front and END THE DANCE!

'Nil Na La' means 'Daybreak Has Not Yet To Come' in Irish Gaelic!!!!

Happy St. Patrick's Day 2012