

CRUTCHES!

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Count: 64 **Wall:** 2 **Level:** beginner/intermediate

Choreographer: Colin Smith

Music: Uninvited Memories by Redfern & Crookes

1-2 Step right to right, kick left over right
3-4 Step left to left, kick right over left
5&6 Right coaster step
7-8 Step forward left, pivot $\frac{1}{2}$ turn to right

1-6 Repeat 1-6 with left foot lead
7-8 Step forward right, pivot $\frac{1}{4}$ turn to left

1-2 Rock forward right, recover on to left
3&4 Right coaster step
5-6 Rock forward left, recover on to right
7&8 Left coaster step

1-2 Step right to right grinding heel, step left next to right
3-4 Repeat 1-2
5-6 Repeat 1-2
7-8 Step forward right, pivot $\frac{1}{2}$ turn to left

1-2 Step right to right, step left behind right
&3&4 Step right to right, dig left heel forward, step left in place, cross right over left
5-8 Repeat 1-4 with left foot lead

1-2 Rock right to right, recover on to left
3&4 Step right over left, step left to left, step right over left
5-6 Rock left to left, recover on to right turning $\frac{1}{4}$ to left
7&8 Left coaster step

1-2 Step forward right, pivot $\frac{1}{2}$ turn to left
3-4 Repeat 1-2
5-8 Grapevine to right with touch

1-4 Rolling grapevine to left with touch
5-8 Bump hips right, left, right, left

REPEAT

OPTIONAL ENDING

The music finishes on count 21. Dance to 17-18, then touch right toe back, unwind $\frac{3}{4}$ turn to right and strike a pose!