

LOW TIDE

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** beginner

Choreographer: Pauline Mason

Music: The Tide Is High by Atomic Kitten

SIDE CLOSE CHASSE TO RIGHT, SIDE CLOSE CHASSE TO LEFT

- 1 Step right to side
- 2 Close left to right
- 3-4 Side right, close left to right, side right
- 5-8 Repeat 1-4 to left

HIP SWAYS, ROCK BACK, ½ PIVOT TURN TO LEFT

- 9-12 Sway hips right, left, right, left
 - 13 Step back on right
 - 14 Replace weight forward onto left
 - 15 Step forward right
- 16½ pivot turn to left (weight ending on left foot)**

ROCK STEP, COASTER STEP TWICE

- 17 Step forward on right
- 18 Replace back onto left
- 19&20 Coaster back right
- 21-24 Repeat 1-4 on left foot

2 SIDE TOUCHES WITH CLICKS, 2 X ½ PIVOTS TO LEFT

- 25 Step right to side, dipping knees
- 26 Point left foot out to left side (click fingers)
- 27-28 Repeat 24-25 stepping left to side
- 29 Step forward right foot

30½ pivot to left

- 31 Step forward left foot

32½ pivot to right

REPEAT

For an intermediate/advanced version dance to the same music, try High Tide!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=e-ID29593