

DO IT LIKE THIS

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Count: 48 **Wall:** 2 **Level:** beginner/intermediate

Choreographer: The Girls (Maureen & Michelle Jones)

Music: The Twist by Ronnie McDowell

STEP, ¼ TURN, STEP, HOLD, ¼ TURN IN HEEL TWISTS, HOLD

- 1-2** Step right forward, pivot ¼ turn left
- 3-4** Step right forward, hold
- 5-8** On balls of feet twist heels right, left, right making ¼ turn left, hold

STEP, ¼ TURN, STEP, HOLD, ¼ TURN IN HEEL TWISTS, HOLD

- 9-10** Step left forward, pivot ¼ turn right
- 11-12** Step left forward, hold
- 13-16** On balls of feet twist heels left, right, left making ¼ turn right, hold

WALK, CLAP, WALK, CLAP, WALKS, HOLD

- 17-18** Step left forward, hold and clap
- 19-20** Step right forward, hold and clap
- 21-24** Walk forward right, left, right, hold

Bend knees slightly during counts 17-24

BACK, TOUCH & CLAP, BACK, TOUCH & CLAP, FORWARD, TOUCH & CLAP, FORWARD, TOUCH & CLAP

- 25-26** Step right diagonally back right, touch left beside right and clap hands by right hip
- 27-28** Step left diagonally back left, touch right beside left and clap hands by left hip

Bend body forward during counts 25-28

- 29-30** Step right diagonally forward right, touch left beside right and clap hands by right shoulder
- 31-32** Step left diagonally forward left, touch right beside left and clap hands by left shoulder

Bend body slightly back during counts 29-32

STEP, ½ PIVOT, STEP, ½ PIVOT, STOMPS, SLAPS

- 33-34** Step right forward, pivot ½ turn left

- 35-36** Step right forward, pivot ½ turn left
- 37-38** Stomp right forward, stomp left beside right (shoulder width apart)
- 39-40** Slap right hand onto right hip, slap left hand onto left hip

Keep hands on hips throughout counts 41-48

½ PADDLE TURN WITH HEEL TWISTS

- 41-42** Touch right toe right (heel facing inwards), twist right heel outwards (pushing hips right) and make 1/8 turn left on ball of left foot
- 43-44** Repeat steps 41-42
- 45-46** Repeat steps 41-42
- 47-48** Repeat steps 41-42

REPEAT