

# LYIN' TO MY HEART

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Michelle Chandonnet

**Music:** Lyin' To My Heart by Jenai

## KICK, KICK ¼ TURN, COASTER STEP, TRIPLE STEP, TRIPLE STEP

- 1-2 Kick right forward, kick right ¼ turn to right
- 3&4 Step right back, step left beside right, step right forward
- 5&6 Triple step left-right-left forward diagonally
- 7&8 Triple step right-left-right forward diagonally

## ROCK STEP, SHUFFLE ½ TURN, FULL TURN, SHUFFLE FORWARD

- 1-2 Rock left forward, rock back on right
- 3&4 Shuffle forward left-right-left ½ turn to left
- 5-6 Step right back ½ turn to left, step left forward ½ turn to left
- 7&8 Shuffle forward right-left-right

## ROCK & STEP, ROCK & STEP, HEEL GRIND, COASTER STEP

- 1&2 Rock left to left, rock back on right, step left beside right
- 3&4 Rock right to right, rock back on left, step right beside left
- 5-6 Touch left heel forward with toes in, turn left toes out
- 7&8 Step left back, step right beside left, step left forward

## STEP, FLICK/SPIN ½ TURN, LARGE STEP, SLIDE/TAP, HEEL JACK 2

- 1-2 Step right forward, kick left back (flick) spinning ½ turn to right on right
- 3-4 Large step left forward, slide right beside left finishing with a tap
- &5&6 Step right back, talon left forward, step left beside right, tap right beside left
- &7&8 Step right back, talon left forward, step left beside right, tap right beside left

## REPEAT