

# Gold Band

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**Count:** 32      **Wall:** 4      **Level:** Easy Improver

**Choreographer:** Bernard Williams, OK Linedancing

**Music:** Band of Gold (Almighty Radio Edit) Sung by Kimberley Locke. CD: Band of Gold Remixes

## Start on vocals (count 32)

### [1 - 8] R Kick & Cross, R Kick & Cross, R Side Rock, Recover, L Behind, Side, Cross

**1 & 2**      Kick Right Diagonally Right, Step onto Right, Cross Left over Right

**3 & 4**      Kick Right Diagonally Right, Step onto Right, Cross Left over Right

**5, 6**      Right Rock to Right side, Recover onto Left

**7 & 8**      Step Right behind Left, Step left to left Side, Step Right across Left

### [9 - 16] L Kick & Cross, L Kick & Cross, L Side Rock, Recover, ¼ Sailor Left

**9 & 10**      Kick Left Diagonally Left, Step onto Left, Cross Right over Left

**11 & 12**      Kick Left Diagonally Left, Step onto Left, Cross Right over Left

**13, 14**      Left Rock to Left side, Recover onto Right

**15 & 16**      Step Left behind Right, Step Right to Right, Make ¼ Turn Left Step Forward Left

### [17 - 24] Right Step ¼ L, L Touch, R Side Touch, Right Step ¼ L, L Touch, R Side Touch

**17, 18**      Turn ¼ Left Stepping Right to Right Side, Touch Left next to Right

**19, 20**      Step Left to Left, Touch Right next to Left

**21, 22**      Turn ¼ Left Stepping Right to Right Side, Touch Left next to Right

**23, 24**      Step Left to Left, Touch Right next to Left

### [25 - 32] Right Side Shuffle, Rock Back, Left Side Shuffle, Rock Back

**25 & 26**      Step Right to Right Side, Step Left next to Right, Step Right to Right Side

**27, 28**      Rock back on Left, Recover weight on Right

**29 & 30**      Step Left to Left Side, Step Right next to Left, Step Left to Left Side

**31, 32**      Rock back on Right, Recover weight on Left