

# Hip on The Floor

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Karen Hadley

**Music:** "On The Floor" by Jennifer Lopez

**Alt Music: "On The Floor (CCW Radio Edit)" by Jennifer Lopez Ft. Pitbull (64 count intro)**

**Note:- This dance has been choreographed to give Beginners a split floor option to any of the dances choreographed to the various versions of this song, for this reason I haven't included any tags or restarts, so dance across the phrasing!**

**48 count intro**

**Two Walks Forward (RIGHT, LEFT). Right Shuffle Forward. Left Forward Rock. Left Back-Lock-Step.**

- 1 - 2            Walk forward:- Right, Left.
- 3 & 4           Right shuffle forward, stepping:- Right, Left, Right.
- 5 - 6           Rock forward on Right, rock back on Left in place.
- 7 & 8           Step back on Left, lock Right across Left, step back on Left.

**Right Side Rock-Recover (Sways). Chasse Right. Left Cross Rock. Chasse Left.**

- 1 - 2            Rock Right to Right side swaying hips to Right, rock on Left in place swaying hips to Left.
- 3 & 4            Step Right to Right side, step Left beside Right, step Right to Right side.
- 5 - 6            Cross rock Left over Right, rock on Right in place.
- 7 & 8            Step Left to Left side, step Right beside Left, step Left to Left side.

**Right Cross. Back. Together. Step Left. Right Rocking Chair.**

- 1 - 4            Cross step Right over Left, step back on Left pushing hips back, step Right beside Left, step forward on Left.
- 5 - 8            Rocking forward on Right, rock back on Left in place, rock back on Right, rock forward on Left in place.

**Step Pivot ¼ Turn Left x 3. Jazz Jump Forward. Clap.**

- 1 - 2            Step forward on Right, pivot ¼ turn Left (weight on Left).

**3 - 6** Repeat steps 1 - 2 two more times.

**&7 - 8** Step forward on Right, step forward on Left (feet slightly apart), hold & clap.

**Begin Again & Enjoy!**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=82950](https://www.linedance.com/index.php?f=dance_view&id=82950)