

# NO PRIDE AT ALL

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** DJ Dan & Wynette Miller

**Music:** Ain't Your Memory Got No Pride At All by Doug Stone

## RIGHT CROSS ROCK, CHASSE, LEFT CROSS ROCK, CHASSE

- 1-2 Cross/rock right over left, recover weight onto left
- 3&4 Step right to right side, step left next to right, step right to right side
- 5-6 Cross/rock left over right, recover weight onto right
- 7&8 Step left to left side, step right next to left, step left to left side

## STEP, PIVOT ½ TURN, ½ TURN INTO LOCK STEP BACK, ROCK STEP BACK, LOCK STEP FORWARD

- 1-2 Step right forward, pivot ½ turn left
- 3&4 Make ½ turn left step right back, lock left across right, step right back
- 5-6 Rock left back, recover weight onto right
- 7&8 Step left forward, lock right behind left, step left forward

### Easier option

## ROCK STEP FORWARD, LOCK STEP BACK

- 1-2 Rock right forward, recover weight onto left
- 3&4 Step right back, lock left across right, step right back

## RIGHT, SIDE ROCK, CROSS-SIDE-BEHIND, SWEEP BEHIND-SIDE-CROSS, RIGHT, SIDE ROCK

- 1-2 Rock right to right side, recover weight onto left
- 3&4 Cross step right over left, step left to left side, cross step right behind left
- 5 Sweep left around into cross step left behind right,
- &6 Step right to right side, cross step left over right,
- 7-8 Rock right to right side, recover weight onto left

## CROSS, UNWIND ½ TURN LEFT, ROCK STEP BACK, STEP-1/8 PADDLE TURN LEFT TWICE

- 1-2 Cross step right toe over left, unwind ½ turn left, weight ends on left (6:00)

- 3-4** Rock right back, recover weight onto left
- 5-6** Step right forward, make 1/8 turn left
- 7-8** Step right forward, make 1/8 turn left (3:00)

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=e-at-all-ID32496](https://www.linedance.com/index.php?f=dance_view&id=e-at-all-ID32496)