

# Apple Jack

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**Count:** 32      **Wall:** 4      **Level:** High Improver

**Choreographer:** Audrey Watson (Scotland) Aug 2014

**Music:** Apple Jack by Lisa McHugh (iTunes)

## Intro - 32 Counts

### Section One: Side Tog Fwd $\frac{1}{2}$ Turn, Back Lock Step, Coaster Step, Step Lock Step.

- 1&2&** Step left to left side, close right next left, step fwd on left, On ball of left turn  $\frac{1}{2}$  left hitch right knee.
- 3&4** Step back on right, cross left over right, step back on right.
- 5&6** Step back on left, step right next left, step fwd on left.
- 7&8** Step fwd on right, lock left behind right, step fwd on right.

### Section Two: Step Clap, Step Clap, Mambo $\frac{1}{2}$ Turn, Shuffle Fwd (Option Full Turn) Kick Ball Point.

- 1&2&** Step fwd on left clap hands, step fwd on right, clap hands.
- 3&4** Rock fwd on left, recover back on right, turn  $\frac{1}{2}$  left stepping fwd on left.
- 5&6** Step fwd on right, step left next right, step fwd on right.

**Option: Step fwd on right, turn  $\frac{1}{2}$  right stepping back on left, turn  $\frac{1}{2}$  right stepping fwd on right.**

**\* Tag to be added here on Walls 1,3 & 6 Step Clap x 2**

**\* 1&2& Step fwd on left, clap hands, step fwd on right, clap hands. Continue with the dance.**

- 7&8** Kick left foot fwd, step down on ball of left, point right toe to right side.

### Section Three: Behind & Cross, $\frac{1}{8}$ Cross, $\frac{1}{8}$ Cross, Rocking Chair, Step $\frac{1}{2}$ Pivot Step.

- 1&2** Cross right behind left, step left to left side, cross right over left.
- &3&4** On ball of left turn  $\frac{1}{8}$ th left, cross right over left, ball of left turn  $\frac{1}{8}$ th left, cross right over left.
- 5&6&** Rock fwd on left, rock back on right, rock back on left, rock fwd on right.
- 7&8** Step fwd on left, pivot  $\frac{1}{2}$  right, step fwd on left.

## **Section Four: Step Touch Back Kick, Back Rock, Heel Strut, Side Rock, Heel Strut, Step Pivot Step.**

- 1&2&** Step fwd on right, touch left to behind right heel, step back on left foot, kick right foot fwd.
- 3&4&** Rock back on right, recover fwd on left, touch right heel fwd, drop toes to floor.
- 5&6&** Rock left to left side, recover on right, touch left heel fwd, drop toes to floor.
- 7&8** Step fwd on right, pivot  $\frac{1}{2}$  turn left, step fwd on right.

**\* Tag to be added here on Walls 1,3 & 6 Step Clap x 2**

**\* 1&2& Step fwd on left, clap hands, step fwd on right, clap hands.**

**Ending to face front:-**

**On the last wall you will finish the dance at the end of section one facing the back wall.**

**Change steps 7&8 Step Lock Step To: Step, Pivot  $\frac{1}{2}$  Turn, Step.**

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