

# Now And At The Hour

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**Count:** 64                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Roly Ansano (USA), Mar 2012

**Music:** The Prayer by Ann Tayler with Lars Hansen [Let Your Momma Go]

**Intro: 36 counts from first drumbeat, at the word 'round'**

## **SEC 1: SIDE-TOGETHER-SIDE, ROCK-RECOVER-SIDE**

**1-4**            Step R to side, step L together, step R to side, hold

**5-8**            Rock L back, recover to R, step L to side, hold

## **SEC 2: ROCK-RECOVER-SIDE, SIDE TOGETHER-SIDE**

**1-4**            Rock R back, recover to L, step R to side, hold

**5-8**            Step L to side, step R together, step L to side, hold

## **SEC 3: STEP-TURN-CROSS, ROCK-RECOVER-CROSS**

**1-4**            Step R forward, pivot 1/4 left, cross R over L, hold

**5-8**            Rock L to side, recover to R, cross L over R, hold

## **SEC 4: HIP ROLLS**

**1-4**            Step R to side & roll hips right-left-right, touch L to side

**5-8**            Step L to side & roll hips left-right-left, touch R to side

## **SEC 5: SIDE-TOGETHER-SIDE, POINT-POINT-SLIDE**

**1-2**            Turn 1/4 right & step R to side, step L together

**3-4**            Step R to side, touch L together

**5-6**            Touch L to side, touch L together

**7-8**            Slide L to side, drag/touch R together

## **SEC 6: FOUR-COUNT HOLD, POINT-POINT-SLIDE**

**1-4**            Holding foot position, knock chest with fingertips thrice, hold

**5-6**            Touch R to side, touch R together

**7-8**            Slide R to side, drag/touch L together

## **SEC 7: STEP-TURN-CROSS, HIP SWAYS**

**1-4** Step L forward, pivot 1/4 right, cross L over R, hold

**5-8** Step R to side & sway hips right-left-right, hold

### **SEC 8: ROCK-RECOVER-SIDE, ROCK-RECOVER-HOLD**

**1-4** Rock L back, recover to R, step L to side, hold

**5-8** Rock R back, recover to L, touch R next to L, hold

### **REPEAT**

### **Bridge / TAG: On Wall 3 dance to end of Sec 7. Add**

**1-4** Rock L back, recover to R, step L to side, hold

**5-8** Rock R back, recover to L, step R to side, hold

### **Then continue with Sec 8:**

### **ENDING: On Wall 6 dance to end of Sec 7. Add**

**1-4** Turn 1/4 left & rock L back, recover to R, step L forward, hold

**5-8** Step R forward, pivot 1/4 left, cross R over L, hold

**9-12** Rock L to side, recover to R, cross L over R, hold

**13-15** Touch R to side, touch R together, touch R to side