

# Pumped Up Kicks

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Mathias Pflug (Germany) 02/2012

**Music:** Pumped Up Kicks by Foster The People

## **Intro: After 8 counts!**

### **Back, Kick, Back, Kick, Coaster Step, Scuff**

- 1-2            Step right back, Kick left forward
- 3-4            Step left back, Kick right forward
- 5-6            Step right back, Step left beside right
- 7-8            Step right forward, Scuff left beside right

### **Step, 1/2 Pivot Turn R, Step, 1/4 Pivot Turn R, Cross, 1/4 Turn L, 1/4 Turn L, Touch**

- 1-2            Step left forward, 1/2 turn right on both balls (6.00)
- 3-4            Step left forward, 1/4 turn right on both balls (9.00)
- 5-6            Cross left over right, 1/4 Turn left & step right to right (6.00)
- 7-8 1/4 Turn left & step left to left, Touch right beside left (3.00)**

### **Side, Touch, Side, Touch, Chassé, Rock Back**

- 1-2            Step right to right, Touch left beside right
- 3-4            Step left to left, Touch right beside left
- 5&6            Step right to right, Step left beside right, Step right to right
- 7-8            Step left back, Recover on right

### **Side, Touch, Side, Touch, Chassé, Cross Rock**

- 1-2            Step left to left, Touch right beside left
- 3-4            Step right to right, Touch left beside right
- 5&6            Step left to left, Step right beside left, Step left to left
- 7-8            Cross right over left, Recover on left

## **Repeat & Enjoy!**

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