

# Good Time Rock & Roll

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**Count:** 32      **Wall:** 4      **Level:** Improver / Intermediate

**Choreographer:** Ira Weisburd (USA) June 2015

**Music:** And I by Danny & Bongy

**Introduction: 8 counts. Start on vocal at 6 seconds.**

**NO TAGS !! NO RESTARTS !!**

**PART I. (TOE, STEP, TOE STEP, BACK, RECOVER, SIDE, KICK L; WEAVE BACK 3 STEPS, KICK R, WEAVE BACK 3, HOLD)**

- 1&2&**      Touch R toe in place, Step down onto R, Touch L toe in place, Step down onto L
- 3&4&**      Step R back, Recover forward onto L, Step R to R, Kick L to L
- 5&6&**      Step L behind R, Step R to R, Step L across R, Kick R to R
- 7&8**      Step R behind L, Step L to L, Step R across L

**PART II. (SIDE TOE STRUT, CROSS TOE STRUT, L NIGHTCLUB; SIDE, BEHIND, 1/4 R, PIVOT 1/2 TURN R ONTO L, BACK, RECOVER)**

- 1&2&**      Touch L toe to L, Step down onto L foot, Touch R toe across L, Step down onto R
- 3,4&**      Step L to L, hold, Step R back, Recover forward onto L
- 5,6&**      Step R to R, hold. Step L behind, Make 1/4 R turn onto R (3:00)
- 7,8&**      Step L forward and pivot 1/2 Turn R (9:00), Step R back, Recover forward onto L

**PART III. (R FORWARD TOE STRUT, L FORWARD TOE STRUT, MAMBO FORWARD; MAMBO BACK, 1/4 TURN R, SIDE, BACK, RECOVER)**

- 1&2&**      Touch R toe forward, Step down on R, Touch L toe forward, Step down on L
- 3&4**      Step R forward, Recover back onto L, Step R back
- 5&6**      Step L back, Recover forward onto R, Step L forward
- 7&8&**      Make 1/4 Turn R onto R (12:00), Step L to L, Step R back, Recover forward onto L

**PART IV. (SIDE TOE STRUT, CROSS TOE STRUT, BEHIND, SIDE, CROSS, SIDE; HEEL, STEP, CROSS, SIDE, HEEL, 1/4 TURN L, PIVOT 1/2 TURN L)**

- 1&2&**      Touch R toe to R, Step down on R, Touch L toe across R, Step down on L.
- 3&4&**      Step R behind L, Step L to L, Step R across L, Step L to L

**5&6&** Touch R heel to R, Step down on R, Step L across R, Step R to R

**7&8&** Touch L heel to L, Make 1/4 Turn L onto L (9:00) , Step R forward, Pivot 1/2 Turn L onto L (3:00)

**BEGIN DANCE.**

**Contact ~ Email: [dancewithira@comcast.net](mailto:dancewithira@comcast.net)**

**Last Update - 10th May 2016**

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