

Heartbeat

LINEDANCE.COM

Count: 32

Wall: 4

Level: Beginner / Intermediate

Choreographer: Virginia W. F. Tsui (May 2018)

Music: Uptown Funk by Haschak Sisters

Start after 32 count intro

BACK ROCK, HEEL STEP CROSS, SIDE TOGETHER SIDE, HEEL GRIND $\frac{1}{4}$ TURN LEFT

- 1 2 Step back on right, recover onto left
- 3& 4 Touch right heel forward, step back on right, cross left over right
- 5& 6 Step right to side, step left next to right, step right to side
- 7 8 Cross left heel over right, & make a $\frac{1}{4}$ turn left, (weight on right) (9.00)

COASTER STEP, $\frac{1}{4}$ TURN LEFT, ROCKING CHAIR, $\frac{1}{4}$ TURN RIGHT

- 1 &2 Step left back, step right next to left, step left forward
- 3 4 Step forward on right, and make a left $\frac{1}{4}$ turn on left
- 5&6&(With body diagonally to left) step right forward, recover onto left, step back on right, recover onto left**
- 7 8 Step forward on right,& make a $\frac{1}{4}$ turn right with left foot flick behind (9.00)

ROCKING CHAIR, $\frac{1}{4}$ TURN LEFT, CROSS, BACK ,FULL TURN RIGHT

- 1&2&(With body diagonally to right) step left forward, recover onto right, step back on left, recover onto right**
- 3 4 Step forward on left, and make a $\frac{1}{4}$ turn left with right foot flick behind
- 5 6 Cross right over left, step back on left
- 7 8 Step right forward $\frac{1}{2}$ turn right, stepping left back $\frac{1}{2}$ turn right (6.00)

BACK ROCK, LOCK, FWD, FWD, LOCK, SIDE, TOGETHER, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN RIGHT, BACK SHUFFLE

- 1 & 2 Step back on right, recover onto left,
- &3&4 Lock right behind, step forward on left, step forward on right, lock left behind
- 5 & 6 Step right to side, step left next to right, make a $\frac{1}{4}$ turn right stepping forward on right

7 & 8(Make a ½ turn right) step back on left, step right next to left, step back on left (3.00)

ENJOY!!!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=125160