

# ONLY FOR YOU

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**Count:** 48      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Bo Wallin & Joakim Westerlund

**Music:** Here Is My Heart by Lionel Richie

## STEP LOCK, LEFT SHUFFLE, CROSS ROCK, ¼ TURN SHUFFLE

- 1-2      Step left to left diagonally, lock right behind left (towards 10:30)
- 3&4      Step forward left, close right to left, step left forward (towards 10:30)
- 5-6      Rock right over left, recover weight back on to left

**7&8¼ Turn right step forward on right foot, close left to right, step forward on right foot (now facing 3:00 wall)**

## STEP ½ PIVOT TURN RIGHT, LEFT SHUFFLE, ¼ TURN RIGHT, SKATES, ¼ TURN RIGHT, RIGHT SHUFFLE

- 9-10      Step forward left, pivot ½ turn right, weight on right (now facing 9:00 wall)
- 11&12      Step forward left, close right to left, step forward on left foot
- &      On ball of left foot ¼ turn right (now facing 12:00 wall)
- 13-14      Skate forward right, skate forward left
- &      On ball of left foot ¼ turn right (now facing 3:00 wall)
- 15&16      Step forward right, close left to right, step forward on right foot

## STEP LOCK, LEFT SHUFFLE, CROSS ROCK, ¼ TURN SHUFFLE

- 17-18      Step left to left diagonally (towards 01:30), lock right behind left
- 19&20      Step forward left, close right to left, step left forward (towards 01:30)
- 21-22      Rock right over left, recover weight back on to left

**23&24¼ turn right step forward on right foot, close left to right, step forward on right foot (now facing 6:00 wall)**

## STEP ½ PIVOT TURN RIGHT, LEFT SHUFFLE, ¼ TURN RIGHT, SKATES, ¼ TURN RIGHT, RIGHT SHUFFLE

- 25-26      Step forward left, pivot ½ turn right, weight on right (now facing 12:00 wall)
- 27&28      Step forward left, close right to left, step forward on left foot

**&** On ball of left foot ¼ turn right (now facing 3:00 wall)

**29-30** Skate forward right, skate forward left

**&** On ball of left foot ¼ turn right (now facing 6:00 wall)

**31&32** Step forward right, close left to right, step forward on right foot

### **MAMBO FORWARD, BACK ROCK, TOE TOUCHES, HEEL SWITCH, CROSS, STEP RIGHT**

**33&34** Rock forward on left, rock onto right in place, step left beside right

**35&36** Rock back on right, rock onto left in place, touch right toe to right side

**&37** Step right beside left, touch left toe to left side

**&38** Step left beside right, touch right heel forward

**&39-40** Step right beside left, cross left over right, step right to right diagonally (towards 07:30)

### **LEFT MAMBO WITH ¼ TURN, CROSS ROCK, HIP BUMPS**

**41&42** Rock forward on left, rock on to right in place, as you step onto left make a ¼ turn left (now facing 3:00 wall)

**43-44** Cross rock right over left, recover weight back on to left

**45-46** Step right to right side hip bump right. Step left in place hip bump left

**47&48** Hip bumps right, left, right (weight on right)

### **REPEAT**