

# Hello Mary Lou

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Herb Dula - Nov. 2015

**Music:** Hello Mary Lou by: Band4dancers

## CHARLESTON STEP

- 1-2            Sweep/touch right forward, sweep/step right back
- 3-4            Sweep/touch left back, sweep/step left forward
- 5-6            Sweep/touch right forward, sweep/step right back
- 7-8            Sweep/touch left back, sweep/step left forward

## SIDE SHUFFLES

- 1&2            Right side shuffle RLR
- 3&4 1/4 turn Left side shuffle LRL**
- 5&6 1/4 turn Right side shuffle RLR**
- 7&8 1/4 turn Left side shuffle LRL**

## WALK WALK, SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2            Walk, Walk RL,
- 3&4            Right shuffle forward RLR
- 5-6            Rock right forward, recover left back
- 7&8            Left coaster, Step left back & step right foot beside left, step left forward

## HEEL JACKS, 1/4 MONTEREY

- &1&2**            Back on right at the same time Left heel forward, step Left down at the same time touch Right in place
- &3&4**            Back on right at the same time Left heel forward, step Left down at the same time touch Right in place
- 5-8**            Point right toe to R side, make 1/4 turn on ball of left foot stepping right foot beside left, Point left to left, Bring Left to home and take weight

**At the end of dance you will be doing the 1/4 side shuffles, just keep shuffling back to the front wall**

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**Last Update - 19th Nov. 2015**

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