

HITTING THE BEAT

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: David Sickles

Music: Mail Myself To Mexico by Buddy Jewell

SIDE SHUFFLE WITH BACK ROCK STEPS

- 1&2** Step right to the right, step left next to right, step right to the right
- 3-4** Rock back on left, step forward on right
- 5&6** Step left to the left, step right next to left, step left to the left
- 7-8** Rock back on right, step forward on left

POINT & CROSS TWICE, TWO KICK BALL STEPS FORWARD

- 1-2** Point right toe to right side, cross right over left
- 3-4** Point left toe to left side, cross left over right
- 5&6** Kick right foot forward, step right next to left, step forward on left
- 7&8** Kick right foot forward, step right next to left, step forward on left

Beginners may continue the point & cross for counts 5&6 and 7&8 making the counts 5, 6, 7, 8

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

- 1-2** Rock forward on right foot, step back on left
- 3&4** Step back on right, step left next to right, step back on right
- 5-6** Rock back on left foot, step forward on right
- 7&8** Step forward left, step right next to left, step forward on left

More advanced dancers may do lock steps back and forward for counts 3&4 and 7&8

QUARTER TURN LEFT PIVOT STEP, CROSS OVER & STEP BACK TWICE

- 1-2** Step right foot forward, turn $\frac{1}{4}$ left and step on left
- 3-4-5** Cross right over left, step back on left, step back on right
- 6-7-8** Cross left over right, step back on right, step back on left

REPEAT

