

Not Alone

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Count: 16

Wall: 4

Level: Improver - Smooth NC

Choreographer: Ronald "RONNIE" Grabs (Jun - 2014)

Music: You Are Not Alone by Michael Jackson

NIGHTCLUB SIDE BASIC / NIGHTCLUB SIDE BASIC / 1/8 R STEP-SWEEP / 1/4 L STEP-SWEEP

1,2&step right foot to side, cross step left slightly behind right (3rd), cross step right foot in front of left (5th),

3,4&step left foot to side, cross step right slightly behind left (3rd), cross step left foot in front of right (5th),

5,6&turn 1/8 to right (face 1:30) stepping right foot forward and sweep left foot from back to front, cross step left foot in front of right, step right foot slightly back,

7,8&turn 1/4 to left (face 10:30) stepping left foot forward and sweep right foot from back to front, cross step right foot in front of left, step left foot slightly back,

3/8 R STEP / STEP-1/2 PIVOT R / CROSS LUNGE / CROSS LUNGE / CROSS LUNGE-1/4 L STEP

1,2&turn 3/8 right (face 3:00) stepping right foot forward, step left foot forward, 1/4 turn right (face 6:00) stepping right foot in place

3,4&cross lunge rock step with left across right foot bending left knee and turn right shoulder forward, recover weight back on right foot, step left foot to left side,

5,6&cross lunge rock step with right across left foot bending right knee and turn left shoulder forward, recover weight back on left foot, step right foot to right side,

7,8&cross lunge rock step with left across right foot bending left knee and turn right shoulder forward, recover weight back on right foot, turn 1/4 left (face 3:00) stepping left foot slightly forward,

REPEAT

Contact: www.line-fire.de