

One Day

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Count: 40 **Wall:** 2 **Level:** Beginner / Intermediate - Country

Choreographer: Antonio Manigas - May 2017

Music: "Warm With You" by Mark McKinney

SIDE BACK CROSS , SIDE BACK ROCK , SIDE TOGETHER CROSS SIDE , HEEL STEP BACK TOUCH

- 1** Step Right To Right Side
- 2&** Rock Back On Left , Cross Right Over Left
- 3-4&** Step Left To Left Side , Rock Right Behind Left , Cross Left Over Right
- 5&6&7&8** Rock Right To Right Side , Left Next To Right , Cross Right Over Left , Step Back On Left On Diagonal R , Heel Forward , Step Back On Right And Touch Left Next To Right

CROSS ¼ STEP BACK BACK , RIGHT COASTER STEP , STEP ½ TURN STEP FORWARD ON LEFT MAKE ½ AND 1/8 CROSS SIDE

- 1&2** Cross Left Over Right , Make ¼ Left , Step Back On Right , Step Back On Left
- 3&4** Right Coaster Step
- 5&6** Step Forward On Left ½ Right Step Forward On Left
- 7&8&** Step ½ & 1/8 Cross Right Over Left , Step Left To Left Side

CROSS SWEEP CROSS SIDE , BACK SWEEP BEHIND ¼ STEP RIGHT , STEP ½ STEP FULL TURN

- 1** Cross Right Over Left
- 2&3** Sweep Left Foot Fwd Over Right , Step Right To Right Side , Step Back On Left
- 4&5** Sweep Right Foot Behind Right From In Front , Make ¼ Left Step Forward On Left , Step Forward On Right
- 6&7** Step Forward On Left , Make ½ Right Step Forward On Left
- 8&** Make Full Turn Forward Right , Step Forward On Left

ROCK FORWARD ROCK SIDE , RIGHT COASTER STEP , STEP ½ STEP , FULL TURN FORWARD

- 1&2** Rock Forward On Right , Recover On Left , Point Right To Right Side
- 3&4** Right Coaster Step

5&6 Step Forward ½ Step Step Forward On Left

7-8 Make Full Turn Right Left

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=118414