

Alane and WES

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Christie Lim [M'SIA] & Martie Papendorf [Z.A.] June 2017.

Music: Alane (Radio Version) [Explicit]. Welenga. Wes. - 3:40

Note on music: The track is indicated as [Explicit] but is sung in the Duala language of Cameroon and no offensive lyrics are heard. 122 bpm

Tag: 1 fun Tag added 2x

Intro. : 16 counts from 1st heavy beat

With much thanks to my friend Roshila Furrer from Lone-Star Linedancers in Zurich for bringing the music to our attention.

S1: SIDE. TOGETHER. SIDE. TOGETHER. ROCK RIGHT. RECOVER. SAMBA ¼ RIGHT

1,2,3,4 Step R to right side, step L next to R, step R to right side, step L next to R,

[Latin hips]

5,6 Rock R to right side, recover L to left side,

7&8 Step R fwd making a ¼ turn right, rock L to left side, recover R to right side [3.00]

OPTIONAL ARM STYLING:

1,2 Bend elbows out and cross hands in scissor movement, move hands out

3,4 Repeat

S2: ROCK FWD. RECOVER. 3x TRIPLE ½ TURNS LEFT.

1,2 Rock L fwd, recover R back,

3&4 Make a triple turn ½ left stepping L, R, L, [9.00]

5&6 Make a triple turn ½ left stepping R, L, R, [3.00]

7&8 Make a triple turn ½ left stepping L, R, L [9.00]

TAG: Add here during walls 4 & 7

OPTIONAL ARM STYLING:

Extend arms during triple turns:

3&4R up, L down

5&6 Swap arms around to L up, R down

7&8 Swap arms around to R up, L down

S3: ROCK ¼ LEFT. RECOVER. BEHIND. SIDE. TOGETHER. WALK BACK L, R, L, R

1,2 Rock R to right side turning ¼ left, recover L to left side, [6.00]

3&4 Cross R behind L, step L to left side, step R next to L,

5,6,7,8 Walk back L, R, L, R [6.00]

OPTIONAL ARM STYLING:

5,6,7,8 Shimmy shoulders on walking back

S4: FWD. LOCK. LOCKSTEP FWD. SCUFF HITCH. CROSS. &. SIDE. CROSS

1,2 Step L fwd, lock R behind L,

3&4 Step L fwd, lock R behind L, step L fwd,

5,6 Scuff and hitch R next to L, step R across L,

&7,8 Step L back, step R to right side, step L across R [6.00]

OPTIONAL ARM STYLING:

1,2 Move shoulders down and up alternating L R

3&4 Move shoulders down and up alternating L R L

START AGAIN

TAG: Added after sec. 2, during wall 4 & 7.

#1: SWAY R ¼ TURN LEFT, L, R, L; SAILOR STEP; SAILOR ¼ LEFT;

1,2,3,4 Step and sway R to right side turning ¼ left, sway L to left side, sway R to right side, sway L to left side,

NOTE: Swing both arms R, L, R, L

5&6 Swing R out and cross behind L, rock L to left side, recover R to right side,

7&8 Swing L out and cross behind R making a ¼ turn left, rock R to right side, recover L to left side,

#2: SWAY R ¼ TURN LEFT, L, R, L; SAILOR STEP; SAILOR ¼ LEFT

1,2,3,4 Step and sway R to right side $\frac{1}{4}$ left, sway L to left side, sway R to right side, sway L to left side,

NOTE: Swing both arms R, L, R, L

5&6 Swing R out and cross behind L, rock L to left side, recover R to right side,

7&8 Swing L out and cross behind R making a $\frac{1}{4}$ turn left, rock R to right side, recover L to left side

NOTE: To start again step R to right side making another $\frac{1}{4}$ turn left.

Contacts :-

Christie- Chrislimc33@gmail.com

Martie- LinedanceInTheStrand@gmail.com

YouTube- <http://www.youtube.com/user/LinedanceInTheStrand>