

# CAROLINA ROCK

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Ellie Sahn & M. E. Canaday

**Music:** Good Brown Gravy by Joe Diffie

## RIGHT SIDE SHUFFLE, ROCK-STEP, ½ PIVOT TURN, ½ PIVOT TURN

- 1&2** Step right foot to right side; step left together; step right foot to right
- 3-4** Rock-step left foot back; step right foot forward
- 5-6** Step left foot forward; pivot ½ turn right
- 7-8** Step left foot forward; pivot ½ turn right.

## LEFT SIDE SHUFFLE, ROCK-STEP, ½ PIVOT TURN, ½ PIVOT TURN

- 9&10** Step left foot to left side; step right together; step left foot to left
- 11-12** Rock-step right foot back; step left foot forward
- 13-14** Step right foot forward; pivot ½ turn left
- 15-16** Step right foot forward; pivot ½ turn left.

## FORWARD TOE-HEEL STRUTS

- 17-18** Step ball of right foot forward; lower right heel to floor shifting weight to right
- 19-20** Step ball of left foot forward; lower left heel to floor shifting weight to left
- 21-22** Step ball of right foot forward; lower right heel to floor shifting weight to right
- 23-24** Step ball of left foot forward; lower left heel to floor shifting weight to left.

## TWO RIGHT JAZZ BOXES

- 25-26** Cross-step right foot over left; step left foot back
- 27-28** Step right foot to right & slightly forward; step left beside right
- 29-30** Cross-step right foot over left; step left foot back
- 31-32** Step right foot to right & slightly forward; step left beside right.

## HIP BUMPS AND HIP ROLLS

- 33-34** Step right foot slightly forward toward 10:00 bumping hips forward right; bump hips forward right again
- 35-36** Bump hips backward twice

**37-38** Roll hips to the left, right, & forward, then left & back

**39-40** Again, roll hips to the left, right & forward, then left & back ending with weight on left.

### **BACKWARD SHUFFLE, ROCK-STEP, DOUBLE SCOOT, STEP, TOUCH**

**41-42** Step right foot back; step left together; step right foot back

**43-44** Rock-step left foot back; step right foot forward

**45-46** Scoot forward twice on right foot with left knee raised

**47-48** Step left foot forward; touch right toe beside left foot.

### **STEP, TOUCH, STEP, TOUCH, TWO SWIVEL TURNS**

**49-50** Step right foot back; touch left toe beside right foot

**51-52** Step left foot forward; touch right toe beside left foot

**53-54** Pivoting 1/8 turn left on ball of left, touch right toe right; touch right toe beside left foot

**55-56** Pivoting 1/8 turn left on ball of left, touch right toe right; touch right toe beside left foot.

### **TWO RIGHT KICK-BALL-CHANGES, STOMP, STOMP, CLAP, HOLD**

**57&58** Kick right foot forward; step on ball of right; step on left

**59&60** Kick right foot forward; step on ball of right; step on left

**61-62** Stomp right foot (up) beside left foot twice (weight remains on left)

**63-64** Clap hands at chest level; hold 1 beat.

### **REPEAT**