

Quicksand

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Count: 32 **Wall:** 2 **Level:** Beginner / Intermediate

Choreographer: Jamie Marshall (11/2015)

Music: "Quicksand" by Rachele Lynae

Artist site: www.rachelelynae.com

#16 Count Intro - Restart Wall 3, After First 8 Counts

A. TAP, TAP, STEP, DRAG, CROSS, CROSS, SIDE, ROCKS

- 1&2** Tap R to R (1), Tap R to R (&), Long step R to R, dragging L towards R (2)
- 3&4** Cross L behind R (3), Cross R over L (&), Step L to L (4)
- 5&6&** Rock R back (5), Recover onto L (&), Rock R to R (6), Recover onto L (&)
- 7&8&** Rock R forward (7), Recover onto L (&), Rock R back (8), Recover onto L (&) (12:00)

****Restart on Wall 3 After First 8 Counts (12:00)**

B. STEP, ¼ PIVOT L, QUICK STEP TOGETHERS, CROSS, ¼ R, R COASTER

- 1,2** Step R forward (1), Pivot ¼ L, stepping L in place (2) (9:00)
- &3&4** Quick step R next to L (&), Step L to L (3), Quick step R next to L (&), Step L to L (4)
- 5,6** Cross R over L (5), Turn ¼ R, stepping L back (6)
- 7&8** Step R back (7), Step L next to R (&), Step R forward (8) (12:00)

C. DIAGONAL STEP, TOUCH, DIAGONAL STEP, TOUCH, DRAG, OUT, OUT, IN, IN

- 1,2** Step L diagonally forward L (1), Touch R next to L, bumping hips to R (2)
- 3,4** Step R diagonally forward R (3), Touch L next to R, bumping hips to L (4)
- 5,6** Drag L to L, bending R knee to lower body (5), Drag L next to R, taking weight on L (6) (12:00)
- &7&8** Quick step R to R (&), Quick step L to L (7), Quick step R to center (&), Quick step L next to R (8)

D. STEP R FORWARD, PIVOT ½ L KEEPING WEIGHT ON R, KICK-BALL-TOUCH, FUNKY APPLEJACKS (OPTIONS FOR BEGINNERS)**

- 1,2** Step R forward (1), Pivot ½ L, keeping weight on R (Styling: bump hips to R as to sit) (2) (6:00)

- 3&4** Kick L forward (3), Step L next to R (&), Touch R next to L (4)
- 5** Press R heel to floor (taking weight) as fan L toe to L (5)
- &6** Touch L toe to instep of R (&), Press L heel to floor (taking weight), fanning R toe to R (6)
- &7** Touch R toe to instep of L (&), Press R heel to floor (taking weight), fanning L toe to L (7)
- &8** Touch L toe to instep of R (&), Press L heel to floor (taking weight), fanning R toe to R (8),
- &** Touch R toe to instep of L (&)

****Beginner options for Counts 5-8&:**

SAME AS SECTION A

- 5&6&** Rock R back (5), Recover onto L (&), Rock R to R (6), Recover onto L (&)
- 7&8&** Rock R forward (7), Recover onto L (&), Rock R back (8), Recover onto L (&) (12:00)

OR SIMPLE TOE SWITCHES

- 5&6&** Touch R toe forward (5), Step R next to L (&), Touch L toe forward (6), Step L next to R (&)
- 7&8&** Touch R toe forward (7), Step R next to L (&), Touch L toe forward (8), Step L next to R (&)

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