

KNOCK ON WOOD

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Count: — **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Chris Watson

Music: Knock On Wood by Amii Stewart

Sequence: AAB, AB, AAB, AAAA(1-24), AAB, AA

PART A

TOUCH FRONT SIDE, COASTER - REPEAT

1-2-3&4 Touch right toe forward, touch right toe to right side, step right foot back, step left together, step forward onto right

5-6-7&8 Touch left toe forward, touch left toe to left side, step left foot back, step right together, step forward onto left

STEP FORWARD ¼ TURN PIVOT, CROSS FRONT, SIDE, SAILOR STEPS

1-2 Step right foot forward, do a ¼ turn left and take weight onto left foot (9:00)

3-4 Cross right over in front of left, step left to left side

5&6 Step right behind left, left to left side, step weight back onto right

7&8 Step left behind right, right to right side, step weight back onto left

STEP FORWARD PIVOT ½ TURN, SHUFFLE FORWARD RIGHT, LEFT, PIVOT ½

1-2 Step right foot forward, pivot a ½ turn left taking weight onto left (3:00)

3&4 Shuffle forward on a slight diagonal to the right - right, left, right

5&6 Shuffle forward left on a slight diagonal to the left - left, right, left

7-8 Step right foot forward, pivot a ½ turn left taking weight onto left (9:00)

ROCK FORWARD, REPLACE, HEELS BACK RIGHT, LEFT, RIGHT, LEFT -TOE BACK RIGHT TWICE

1-2 Rock forward onto right foot, back onto left

&3 Step right foot back, touch left heel forward

&4 Step left foot back, touch right heel forward

&5 Step right foot back and touch left heel forward

&6 Step left foot back and touch right heel forward

7-8 Touch right toe back twice

PART B

ROLLING FREEZE FORWARD, STOMP, BOUNCE, BOUNCE, BOUNCE

1-2-3-4 Roll forward right on a right diagonal stepping right, left, right, left together

5-6-7-8 Stomp right foot forward bounce heels up and down (3 times) as you knock on wood in mid air